

Menu A	Item 1	Item 2	Item 3
Monday	Soft Cheese & Cucumber Flatbread (D) (G)	Roast Chicken Slices	Orange Slices
Tuesday	Tuna Mayonnaise Wholemeal Roll (E) (F) (G)	Sliced Pepper & Cucumber	Peach Fromage Frais Pot (D)
Wednesday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)	Breadsticks (G) with Soft Cheese (D)	Pineapple
Thursday	Free Range Egg Mayonnaise & Cress Sub Roll (E) (G)	Sweetcorn & Diced Pepper	Carrot & Mixed Spice Oatmeal Biscuit (D) (E) (G) (SD)
Friday	Savoury Mozzarella Cheese & Tomato Pinwheel (D) (G) (T)	Rice Cakes (S) with Homemade Red Pesto Houmous (PU) (T)	Melon Slices

Menu B	Item 1	Item 2	Item 3
Monday	Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza Fingers (D) (G) (T)	Hard Boiled Free Range Egg Wedges (E)	Diced Pears
Tuesday	Roast Ham Flatbread (G)	Sweetcorn & Diced Pepper	Blackcurrant Yoghurt Pot (D)
Wednesday	Grated Cheese, Carrot & Mayonnaise Sub Roll (D) (E) (G)	Mini Wholewheat Crackers (G) with Homemade Red Pesto Houmous (PU) (T)	Melon Slices
Thursday	Sliced Turkey Wholemeal Roll (G) (PU)	Sliced Pepper & Cucumber	Peach & Mango Yoghurt Pot (D)
Friday	Rice Cakes (S) with Soft Cheese (D)	Roast Chicken Slices	Orange Slices

Menu C	Item 1	Item 2	Item 3
Monday	Tuna, Sweetcorn & Mayonnaise Wholemeal Roll (E) (F) (G)	Sliced Pepper & Cucumber	Raspberry Fromage Frais Pot (D)
Tuesday	Soft Cheese & Cucumber Flatbread (D) (G)	Tomato, Pea & Basil Pasta Salad (G) (PU) (T)	Apple & Cinnamon Cereal Slice (G) (SD)
Wednesday	Homemade Butternut & Sage Wholemeal Pizza Fingers (D) (G) (T)	Hard Boiled Free Range Egg Wedges (E)	Melon Slices
Thursday	Chicken & Mayonnaise White Roll (E) (G)	Sweetcorn & Diced Pepper	Apricot Yoghurt Pot (D)
Friday	Tomato & Feta Scone (D) (G) (T) with Flora Portion (D)	Speldhurst Pork & Beef Sliced Sausage (G) (SD)	Orange Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato
 All of these dishes are free from peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs.

AFTERNOON TEA MENU

Spring/Summer 2022

VA Vegan	V Vegetarian	T Tomato	SD Suphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid	C Celery	B Beef
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	Peach Fromage Frais Pot																			
Wednesday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers																			
	Breadsticks with Soft Cheese																			
	Pineapple																			
Thursday	Free Range Egg Mayonnaise & Cress Sub Roll																			
	Sweetcorn & Diced Pepper																			
	Carrot & Mixed Spice Oatmeal Biscuit																			
Friday	Savoury Mozzarella Cheese & Tomato Pinwheel																			
	Rice Cakes with Homemade Red Pesto Houmous																			
	Melon Slices																			

Menu B	Dish	Dietaries																		
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	Sliced Pepper & Cucumber																			
	Peach & Mango Yoghurt Pot																			
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