

zebedees

SCHOOL MENU SPRING SUMMER 2019

Weeks Commencing: 25th February, 18th March, 8th April, 29th April, 20th May, 10th June, 1st July, 22nd July

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish of the Day	Spaghetti Bolognese with Grated Cheese & Garlic Bread	Piri Piri Chicken with Brown Rice	Creamy Salmon Carbonara with Cavatappi Pasta	Roast Ham or Quorn Fillet with Roast Potatoes & Gravy	Homemade Cheeseburger or Quorn Burger in a Bun with Jacket Wedges & Ketchup
Alternative Choice	Quorn Sausages with Mashed Potato & Rosemary Gravy	Tomato, Red Lentil & Basil Pasta with Grated Cheese	Jacket Potato with Baked Beans & Grated Cheese	Jerk Sweet Potato & Black Bean Curry with Brown Rice	Mediterranean Roasted Vegetable Lasagne with Garlic Bread
Vegetables & Salads	Garden Peas & Sweetcorn	Green Beans & Carrots	Cucumber & Red Pepper Batons	Seasonal Mixed Vegetables	Shredded Iceberg & Grated Carrot
Desserts	Vanilla Cheesecake Mousse with Pineapple Pieces	Brownie with Mint Ice Cream	Strawberry Jelly with Mandarin Slices	Blackberry Frozen Yoghurt with Pear Pieces	Lemon & Chia Seed Muffin
All served with a Selection of Fresh Fruit, Freshly Baked Bread & Chilled Water					

Weeks Commencing: 4th March, 25th March, 15th April, 6th May, 27th May, 17th June, 8th July

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish of the Day	Creamy Chicken, Bacon & Parsley Wholewheat Pasta with Garlic Bread	Speldhurst Sausages with Yorkshire Pudding, Mashed Potato & Gravy	Roasted Sweet Red Pepper & Lentil Sauce with Penne Pasta	Roast Chicken or Quorn Fillet with Stuffing Ball, Roast Potatoes & Gravy	Thai Beef Massaman Curry with White Rice & Naan Bread
Alternative Choice	Cheesy Beanie Soya Shepherd's Pie	Vegetarian Thai Red Curry with White Rice	Spicy Bean Burger in a Bun with Jacket Wedges & Ketchup	Red Lentil Chilli with Brown Rice	Jacket Potato with Baked Beans & Grated Cheese
Vegetables & Salads	Cucumber Batons & Tomato Wedges	Cauliflower, Carrots & Garden Peas	Shredded Iceberg & Grated Carrot	Seasonal Mixed Vegetables	Shredded Iceberg & Cherry Tomatoes
Desserts	Lemon, Orange & Polenta Shortbread	Strawberry Fromage Frais with Peach Slices	Sticky Toffee Pudding with Vanilla Custard	Peach Ripple Ice Cream	Raspberry & Cocoa Cookie with Pineapple Pieces
All served with a Selection of Fresh Fruit, Freshly Baked Bread & Chilled Water					

Weeks Commencing: 11th March, 1st April, 22nd April, 13th May, 3rd June, 24th June, 15th July

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish of the Day	Chargrilled Bacon Chop with Jacket Wedges & Gravy	Bangladeshi Chicken Curry with Brown Rice & Naan Bread	Classic Beef Lasagne	Roast Turkey or Quorn Fillet with Roast Potatoes & Gravy	Beef Meatballs in Red Pepper & Tomato Sauce with Spaghetti & Grated Cheese
Alternative Choice	Mexican Chicken Style Pieces & Vegetable Fajitas	Quorn Hot Dog with Jacket Wedges & Ketchup	Sweet Potato, Coconut & Chickpea Curry with Brown Rice	Macaroni Cheese with Garlic Bread	Jacket Potato with Baked Beans & Grated Cheese
Vegetables & Salads	Shredded Iceberg & Tomato Wedges	Cucumber Batons & Tomato Wedges	Cucumber & Red Pepper Batons	Seasonal Mixed Vegetables	Shredded Iceberg & Grated Carrot
Desserts	Blackcurrant Yoghurt	Chocolate & Pear Sponge with Chocolate Custard	Lime Jelly with Fruit Salad	Vanilla Ice Cream with Homemade Strawberry Sauce	Granola Slice with Diced Peaches
All served with a Selection of Fresh Fruit, Freshly Baked Bread & Chilled Water					

SCHOOL THEME DAYS SPRING/SUMMER 2019

DATE	Dish of the Day	Alternative Choice	Vegetables & Salads	Desserts
Comic Relief Menu Friday 15th March	Hilarious Hot Dog or Quorn Dog with Silly Piccalilli Relish, Jacket Wedges & Ketchup	Jolly Jacket Potato with BBQ Beans, Coleslaw & Grated Cheese	Shredded Iceberg & Grated Carrot	Jammy Nose Doughnut
Favourite Film Menu Friday 17th May	Beauty and the Beast Chicken or Quorn Burger in a Bun with Wedges & Ketchup	Poppins Pesto Pasta with Garlic Bread	Cucumber Batons & Grated Carrot	Paddington's Chocolate & Marmalade Cookie
Midsummer's Day Menu Friday 21st June	Pulled Pork or Quorn Burger in a Bun with Purple Coleslaw & Jacket Wedges	BBQ Quorn Mince with White Rice, Nachos & Grated Cheese	Shredded Iceberg & Cucumber Batons	Strawberry Shortbread
All served with a Selection of Fresh Fruit, Freshly Baked Bread & Chilled Water				