

# ZEBEDEES

## AFTERNOON Tea Menu

Spring / Summer 2019

MENU A	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Soft Cheese (D) Flatbread (G)	Pea & Basil Pasta Salad (G)	Cherry Tomato (T)	Honeydew Melon Wedge
Tuesday	Dolphin Friendly Tuna Mayonnaise (F)(E) Sub Roll (G)	Speldhurst Sliced Sausage (G)(SD)	Sweetcorn & Diced Cucumber	Apricot Yoghurt Pot (D)
Wednesday	Homemade Margherita Wholemeal Pizza Fingers (G)(D)(T)	Hard Boiled Free Range Egg Wedges (E)	Cucumber Slices	Lemon Shortbread Biscuit (G)
Thursday	Free Range Egg (E) & Cress Sub Roll (G)	Red Pepper & Cornmeal Scone (G)(S) with Flora Portion (D)	Cheese Cubes (D)	Homemade Banana Flapjack (G)(SD)
Friday	Cheesy Round (D)(G)(S)	Roast Chicken Slices	Carrot Batons	Orange Smiles

MENU B	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Crackers (G) with Laughing Cow Soft Cheese (D)	Hard Boiled Free Range Egg Wedges (E)	Cherry Tomato (T)	Homemade Cereal Slice (G)(SD)
Tuesday	Ham Sub Roll (G)	Roast Chicken Slices	Cucumber Slices	Mandarin Yoghurt Pot (D)
Wednesday	Homemade Wholemeal BBQ Vegetable Pizza Fingers (G)(D)(T)	Tomato (T) & Lentil Pasta Salad (G)	Cheese Cubes (D)	Orange Smiles
Thursday	Chicken, Mayonnaise (E) & Sweetcorn Finger Roll (G)	Cheese Straws (G)(D) with Sweet Pepper Dip (D)	Carrot Batons	Peaches
Friday	Tomato & Mozzarella Danish Pastry (G)(D)(T)	Speldhurst Sliced Sausage (G)(SD)	Mixed Sultanas & Raisins (SD)	Mango & Peach Yoghurt Pot (D)

MENU C	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Dolphin Friendly Tuna Mayonnaise (F)(E) Finger Roll (G)	Cheese Cubes (D)	Sweetcorn & Diced Cucumber	Strawberry & Melon Jelly
Tuesday	Free Range Egg Mayonnaise (E) Flatbread (G)	Speldhurst Sliced Sausage (G)(SD)	Pepper Batons	Raspberry Fromage Frais Pot (D)
Wednesday	Homemade Roasted Vegetable & Basil Wholemeal Pizza Fingers (G)(D)(T)	Hard Boiled Free Range Egg Wedges (E)	Cucumber Slices	Fruity Granola Slice (G)(SD)
Thursday	Tomato & Feta Scone (G)(D)(T) with Flora Portion (D)	Summer Vegetable Rice Salad (T)	Dried Apricots (SD)	Honeydew Melon Wedge
Friday	Crackers (G) with Laughing Cow Soft Cheese (D)	Roast Chicken Slices	Cucumber Batons	Homemade Apricot & Orange Cookie (G)(D)(E)(SD)

G = Contains Gluten, D = Contains Dairy, E = Contains Egg, S = Contains Soya,  
SD = Contains Sulphur Dioxide, F = Contains Fish, T = Contains Tomato, C = Contains Celery

ALL OF THESE DISHES ARE FREE FROM PEANUTS, TREE NUTS, SESAME SEEDS, MUSTARD, LUPIN, CRUSTACEA AND MOLLUSCS