

Menu A	Main Course		Side Dish	Second Course
Monday	Italian Beef Bolognaise (T)	Minced beef, carrot, butternut squash, onion, tomato, garlic, basil, rosemary, mixed herbs, basil, paprika & stock	Pasta (G)	Apple & Mango Fromage Frais (D)
Tuesday	Vegetable Dahl (D) (PU) (SD) (T)	Spinach, potato, red lentils, carrot, onion, butternut squash, garlic, coriander, curry paste (contains tomato & mixed spices), lemon juice, garam masala, ginger, paprika, cumin, bechamel (contains coconut), cream & tomato	White Rice	Fruit Salad of Pineapple, Apricot & Apple
Wednesday	Chicken Casserole (PU) (T)	Sliced chicken, potato, onion, peppers, butternut squash, leeks, garlic, thyme, bechamel (contains coconut), rosemary, tomato, stock & haricot beans	Mashed Potato	Blueberry, Sweet Potato & Cream Cheese Sponge (D) (G) (S)
Thursday	Cuban Pork (PU) (T)	Diced pork, carrot, mixed peppers, onion, butternut squash, black turtle beans, haricot beans, basil, garlic, coriander, orange juice, orange zest, smoked paprika, cumin, oregano, cinnamon, stock & tomato	Brown Rice	Diced Peaches with Vanilla Yoghurt (D)
Friday	Tuna & Salmon Mascarpone (D) (F) (PU) (T)	Tuna, salmon, sweetcorn, peas, butternut squash, mixed peppers, onion, soft cheese, garlic, red lentils, bechamel (contains coconut) & tomato	Pasta (G)	Fresh Melon

Menu B	Main Course		Side Dish	Second Course
Monday	Coconut & Chickpea Curry (PU) (T)	Chickpeas, onion, potato, spinach, butternut squash, carrot, garlic, onion curry paste (contains tomato & mixed spices), coconut milk, garam masala, Thai green curry paste, turmeric, coriander, peach, bechamel & sweetcorn puree	Wholewheat Noodles (G)	Summer Berry Yoghurt (D)
Tuesday	Simply Chicken (T)	Diced chicken, onion, garlic, peppers, butternut squash, tomato & rice flour	Pasta (G)	Courgette, Pineapple & Cream Cheese Sponge (D) (G) (S)
Wednesday	Vegetable & Apricot Tagine (PU) (SD) (T)	Apricot, chickpeas, onion, carrot, potato, mixed peppers, garlic, cumin, coriander, cinnamon, tomato, stock, rice flour & date puree	Rainbow Rice	Diced Pears with Vanilla Yoghurt (D)
Thursday	Roast Turkey in Gravy (PU) with Baby New Potatoes	Roast turkey slices & gravy New potatoes	Cabbage, Carrots & Sweetcorn	Banana Fromage Frais (D)
Friday	Sausage Ragu (G) (SD) (T)	Diced Speldhurst pork & beef sausage, carrot, butternut squash, onion, rosemary, basil, mixed herbs, paprika, garlic, stock & tomato	Wholewheat Pasta (G)	Cranberry & Yoghurt Flapjack (D) (G) (SD)

Menu C	Main Course		Side Dish	Second Course
Monday	Chipotle Beef (D) (PU) (T)	Diced beef, sweet potato, mixed peppers, onion, garlic, cumin, smoked paprika, cinnamon, garlic, parsley, bechamel (contains coconut), cream & tomato	White Rice	Cherry Yoghurt (D)
Tuesday	Sweet & Sour Chicken (SD) (T)	Shredded chicken, red onion, mixed peppers, carrot, pineapple, pineapple juice, coriander, garlic, ginger, cumin, tomato, red wine vinegar, vegetable stock & cornflour	Wholewheat Noodles (G)	Charlotte's Plum, Banana & Oat Sponge (D) (G) (S)
Wednesday	Mild Vegetable Chilli (PU) (SD) (T)	Kidney beans, haricot beans, black turtle beans, sweet potato, butternut squash, mixed peppers, onion, garlic, tomato, coriander, cumin, smoked paprika, oregano, vegetable stock, apricots, cornflour	White Rice	Diced Apple with Vanilla Sauce (D)
Thursday	Creamy Red Pesto Chicken (D) (PU) (T)	Chicken, carrot, spinach, garlic, basil, onion, red lentils, haricot beans, peppers, bechamel (contains coconut), cream, & tomato	Pasta (G)	Fruit Salad of Peach, Pear & Apricot
Friday	Mini Chefs Menu			

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato
 Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

NURSERY LUNCH MENU

Spring Summer 2025

VA Vegan
V Vegetarian
T Tomato
SD Sulphites
S Soya
PU Pulse/Bean
P Pork
HL Halal
G Gluten
F Fish
E Egg
D Dairy
CA Citric Acid/Spice
C Celery
B Beef

Menu A	Dish	Dietaries															
Monday	Italian Beef Bolognaise	●		●				●	●					●	●	●	
	Pasta			●				●	●						●	●	
	Apple & Mango Fromage Frais			●	●				●						●	●	
Tuesday	Vegetable Dahl			●	●				●		●		●	●	●	●	
	White Rice			●					●						●	●	
	Fruit Salad of Pineapple, Apricot & Apple			●					●						●	●	
Wednesday	Chicken Casserole			●							●			●		●	
	Mashed Potato			●					●						●	●	
	Blueberry, Sweet Potato & Cream Cheese Sponge			●	●			●	●		●		●		●	●	
Thursday	Cuban Pork			●						●	●			●		●	
	Brown Rice			●					●						●	●	
	Diced Peaches			●					●						●	●	
	with Vanilla Yoghurt				●				●						●	●	
Friday	Tuna & Salmon Mascarpone			●	●		●				●			●		●	
	Pasta			●				●	●						●	●	
	Fresh Melon			●					●						●	●	

Menu B	Dish	Dietaries															
Monday	Coconut & Chickpea Curry			●				●	●		●			●	●	●	
	Wholewheat Noodles			●				●	●						●	●	
	Summer Berry Yoghurt			●	●				●						●	●	
Tuesday	Simply Chicken			●				●	●					●		●	
	Pasta			●				●	●			●			●	●	
	Courgette, Pineapple & Cream Cheese Sponge			●	●			●	●		●		●		●	●	
Wednesday	Vegetable & Apricot Tagine			●					●		●		●	●	●	●	
	Rainbow Rice			●					●						●	●	
	Diced Pears			●					●						●	●	
	with Vanilla Yoghurt				●				●						●	●	
Thursday	Roast Turkey in Gravy			●					●		●				●	●	
	with Baby New Potatoes			●					●						●	●	
	Cabbage, Carrots & Sweetcorn			●					●						●	●	
	Banana Fromage Frais			●	●				●						●	●	
Friday	Sausage Ragù	●		●				●		●			●	●		●	
	Wholewheat Pasta			●				●	●						●	●	
	Cranberry & Yoghurt Flapjack			●	●			●	●				●		●	●	

Menu C	Dish	Dietaries															
Monday	Chipotle Beef	●		●	●				●		●			●	●	●	
	White Rice			●	●				●						●	●	
	Cherry Yoghurt			●	●				●						●	●	
Tuesday	Sweet & Sour Chicken			●				●	●			●	●		●	●	
	Wholewheat Noodles			●				●	●			●			●	●	
	Charlotte's Plum, Banana & Oat Sponge			●	●			●	●		●		●		●	●	
Wednesday	Mild Vegetable Chilli			●					●		●		●	●	●	●	
	White Rice			●					●						●	●	
	Diced Apple			●					●						●	●	
	with Vanilla Sauce				●				●						●	●	
Thursday	Creamy Red Pesto Chicken			●	●						●			●		●	
	Pasta			●				●	●						●	●	
	Fruit Salad of Peach, Pear & Apricot			●					●						●	●	
Friday	Mini Chefs Menu																

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

Day	Main Course		Side Dish	Second Course
6 May 2025	Coconut & Chickpea Curry (PU) (T)	Chickpeas, onion, potato, spinach, butternut squash, carrot, garlic, onion curry paste (contains tomato & mixed spices), coconut milk, garam masala, Thai green curry paste, turmeric, coriander, peach, bechamel & sweetcorn puree	Wholewheat Noodles (G)	Summer Berry Yoghurt (D)
16 May 2025	Shepherd's Pie (PU) (SD) (T)	Minced lamb, potato, red lentils, carrot, swede, cabbage, onion, garlic, sweetcorn, peas, mint sauce, redcurrant jelly, gravy, rosemary & tomato. Recipe inspired by Kiddie Capers Childcare in Haywards Heath.	Cucumber Slices	Vanilla Yoghurt (D)
6 Jun 2025	Hidden Vegetable & Lentil Ragu (PU) (T)	Red lentils, carrot, butternut squash, onion, courgette, mixed peppers, mushroom, mixed herbs, oregano, garlic, paprika, tomato, stock & rice flour. Recipe inspired by Oaks Day Nursery in Swanley.	Pasta (G)	Pear Yoghurt (D)
27 Jun 2025	Chicken Saag (D) (PU) (SD) (T)	Diced chicken, spinach, potato, carrot, butternut squash, onion, garlic, coriander, curry paste (contains tomato & mixed spices), lemon juice, garam masala, ginger, paprika, cumin, bechamel (contains coconut), cream, stock & tomato, Recipe inspired by the Little Chefs at Scallywags Nursery in Hornchurch.	White Rice	Apricot Flapjack (G) (SD)
18 Jul 2025	Swedish Meatballs in Gravy (D) (G) (PU) (T)	Beef meatballs, carrot, onion, leeks, mixed peppers, garlic, tomato, soft cheese, bechamel (contains coconut) & gravy. Recipe inspired by Goldcrest Day Nursery in Stanford Le Hope.	Pasta (G)	Mango Yoghurt (D)
8 Aug 2025	Chicken Pot Pie (D) (PU) (T)	Chicken, carrot, leeks, onion, garlic, peas, sweetcorn, cream, cheddar cheese, thyme, parsley, stock, bechamel (contains coconut), tomato & potato. Recipe inspired by Home from Home Nursery School in Worthing, and Little Bears Nursery in Elephant Central.	Cucumber Slices	Vanilla Yoghurt (D)
29 Aug 2025	Smashed Lasagne (D) (G) (PU) (T)	Minced beef, carrot, sweet potato, onion, garlic, rosemary, basil, mixed herbs, paprika, stock, tomato, pasta, bechamel (contains coconut), cheese. Recipe inspired by Chichester Montessori in West Sussex.	Grated Courgette & Carrot	Diced Peaches
19 Sep 2025	Chicken Chow Mein (PU) (T)	Shredded chicken, onion, mixed peppers, carrot, sweetcorn, bean sprouts, cabbage, coriander, ginger, cumin, pineapple juice, stock & tomato. Recipe inspired by Sunshine Day Nursery in Worthing.	Wholewheat Noodles (G)	Natural Yoghurt with Coconut (D)
10 Oct 2025	Chicken Stroganoff (D)	Sliced chicken, onion, leek, carrot, mushroom, garlic, cream, paprika & stock. Recipe inspired by Caversham Nursery in London.	Brown Rice	Oaty Date Bar (G) (SD)

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

MINI CHEFS NURSERY LUNCH MENU

Spring Summer 2025

VA	Vegan
V	Vegetarian
T	Tomato
SD	Sulphites
S	Soya
PU	Pulse/Bean
P	Pork
HL	Halal
G	Gluten
F	Fish
E	Egg
D	Dairy
CA	Citric Acid/Spice
C	Celery
B	Beef

Day	Dish	Dietaries															
6 May 2025	Coconut & Chickpea Curry																
	Wholewheat Noodles																
	Summer Berry Yoghurt																
16 May 2025	Shepherd's Pie																
	Cucumber Slices																
	Vanilla Yoghurt																
6 Jun 2025	Hidden Vegetable & Lentil Ragù																
	Pasta																
	Pear Yoghurt																
27 Jun 2025	Chicken Saag																
	White Rice																
	Apricot Flapjack																
18 Jul 2025	Swedish Meatballs in Gravy																
	Pasta																
	Mango Yoghurt																
8 Aug 2025	Chicken Pot Pie																
	Cucumber Slices																
	Vanilla Yoghurt																
29 Aug 2025	Smashed Lasagne																
	Grated Courgette & Carrot																
	Diced Peaches																
19 Sep 2025	Chicken Chow Mein																
	Wholewheat Noodles																
	Natural Yoghurt with Coconut																
10 Oct 2025	Chicken Stroganoff																
	Brown Rice																
	Oaty Date Bar																

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.