

Menu A	Item 1		Item 2	Item 3
Monday	Turkey Stroganoff (D) (PU)	Turkey, onion, leeks, carrot, mushroom, garlic, cream, paprika, gravy & stock	White Rice	Apricot Protein Bar (G) (PU) (SD)
Tuesday	Chicken & Vegetable Chow Mein (G) (PU) (T)	Shredded chicken, onion, peppers, carrot, sweetcorn, bean sprouts, white cabbage, coriander, ginger, cumin, pineapple juice, vegetable stock, tomato, noodles & rapeseed oil	Not Applicable	Pineapple Yoghurt (D)
Wednesday	Beef Meatball Pasta Bake (D) (G) (PU) (SD) (T)	Beef meatballs, onion, red lentils, peppers, swede, oregano, basil, tomato, cornflour, garlic, pasta & cheese	Not Applicable	Orange Slices
Thursday	Cheesy Baked Beans (D) (PU) (T)	Haricot beans, garlic, onion, sweet potato, carrot, tomato, rice flour & grated cheese	Jacket Potato	Fruit Loaf (G) (S) (SD)
Friday	Vegetable Massaman Curry (D) (PU) (SD) (T)	Potato, onion, peppers, sweet potato, cauliflower, leeks, Thai green curry paste, apricots, garlic, cinnamon, coriander, curry powder, ginger, coconut milk, red lentils, pineapple, bechamel, vegetable stock, cream & tomato	White Rice	Diced Pears

Menu B	Item 1		Item 2	Item 3
Monday	Vegetable Chilli & Cheese (D) (PU) (SD) (T)	Kidney beans, haricot beans, butternut squash, peppers, sweet potato, red onion, coriander, garlic puree, apricots, oregano, ground coriander, cumin, vegetable stock, smoked paprika, cornflour, stock, tomato & cheese	White Rice	Diced Peaches
Tuesday	Sausage & Potato Casserole (G) (PU) (SD) (T)	Speldhurst pork & beef sausage, potato, swede, onion, carrot, butternut squash, peas, garlic, haricot beans, smoked paprika, mixed herbs, gravy, basil & tomato	Not Applicable	Strawberry Yoghurt (D)
Wednesday	Chicken & Roasted Vegetable Pizza (D) (G) (T)	Wholemeal pizza base, tomato sauce, herbs, roasted vegetables, diced chicken, cheese	Not Applicable	Banana Flapjack (G)
Thursday	Tuna & Sweetcorn Pasta Bake (D) (F) (G) (PU) (T)	Tuna, macaroni, cheese, tomato, garlic, butternut squash, sweetcorn, onion, basil, rapeseed oil & bechamel (contains coconut)	Not Applicable	Melon Slices
Friday	Cheesy Baked Beans (D) (PU) (T)	Haricot beans, garlic, onion, sweet potato, carrot, tomato, rice flour & grated cheese	Jacket Potato	Orange Slices

Menu C	Item 1		Item 2	Item 3
Monday	Tomato & Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)	Sweetcorn, peas, butternut squash, peppers, onion, mascarpone soft cheese, garlic, red lentils, bechamel (contains coconut), tomato & pasta	Not Applicable	Diced Apple & Apricot
Tuesday	Cheesy Baked Beans (D) (PU) (T)	Haricot beans, garlic, onion, sweet potato, carrot, tomato, rice flour & grated cheese	Jacket Potato	Orange Slices
Wednesday	Lemon & Garlic Chicken (PU) (SD)	Sliced chicken, peppers, butternut squash, red onion, peas, lemon juice, lemon zest, garlic, peach, bechamel (contains coconut) rosemary & vegetable stock	Soft Flour Tortilla (G)	Raspberry Yoghurt (D)
Thursday	Fruity Vegetable Curry (D) (PU) (SD) (T)	Potato, tomato, peppers, carrots, kidney beans, onion, garam masala, mild curry powder, curry paste (contains tomato & mixed spices) ginger turmeric, apricot, peaches, béchamel (contains coconut), coconut milk, yoghurt	White Rice	Carrot & Cinnamon Flapjack (G)
Friday	Ham & Pineapple Pizza (D) (G) (T)	Pizza base, tomato sauce, herbs, cheddar, mozzarella, ham & pineapple	Not Applicable	Melon Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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NURSERY HOT Tea Menu

Spring Summer 2025

VA	Vegan
V	Vegetarian
T	Tomato
SD	Sulphites
S	Soya
PU	Pulse/Bean
P	Pork
HL	Halal
G	Gluten
F	Fish
E	Egg
D	Dairy
CA	Citric Acid/Spice
C	Celery
B	Beef

Menu A	Dish	Dietaries															
Monday	Turkey Stroganoff			●	●							●				●	●
	White Rice															●	●
	Apricot Protein Bar			●				●				●		●		●	●
Tuesday	Chicken & Vegetable Chow Mein			●				●				●				●	●
	Not Applicable															●	●
	Pineapple Yoghurt			●	●											●	●
Wednesday	Beef Meatball Pasta Bake	●		●	●			●				●			●	●	●
	Not Applicable															●	●
	Orange Slices			●												●	●
Thursday	Cheesy Baked Beans			●	●							●				●	●
	Jacket Potato															●	●
	Fruit Loaf			●				●					●	●		●	●
Friday	Vegetable Massaman Curry			●	●							●				●	●
	White Rice															●	●
	Diced Pears			●												●	●

Menu B	Dish	Dietaries															
Monday	Vegetable Chilli & Cheese			●	●							●				●	●
	White Rice															●	●
	Diced Peaches			●												●	●
Tuesday	Sausage & Potato Casserole	●		●				●		●		●				●	●
	Not Applicable															●	●
	Strawberry Yoghurt			●	●											●	●
Wednesday	Chicken & Roasted Vegetable Pizza			●	●			●								●	●
	Not Applicable															●	●
	Banana Flapjack			●				●								●	●
Thursday	Tuna & Sweetcorn Pasta Bake			●	●		●	●				●				●	●
	Not Applicable															●	●
	Melon Slices			●												●	●
Friday	Cheesy Baked Beans			●	●							●				●	●
	Jacket Potato															●	●
	Orange Slices			●												●	●

Menu C	Dish	Dietaries															
Monday	Tomato & Mascarpone Cheese Pasta Bake			●	●			●				●				●	●
	Not Applicable															●	●
	Diced Apple & Apricot			●												●	●
Tuesday	Cheesy Baked Beans			●	●							●				●	●
	Jacket Potato															●	●
	Orange Slices			●												●	●
Wednesday	Lemon & Garlic Chicken			●				●				●				●	●
	Soft Flour Tortilla															●	●
	Raspberry Yoghurt			●	●			●								●	●
Thursday	Fruity Vegetable Curry			●	●							●				●	●
	White Rice															●	●
	Carrot & Cinnamon Flapjack			●				●								●	●
Friday	Ham & Pineapple Pizza			●	●			●		●						●	●
	Not Applicable															●	●
	Melon Slices			●												●	●

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Day	Item 1		Item 2	Item 3
6 May 2025	Vegetable Chilli & Cheese (D) (PU) (SD) (T)	Kidney beans, haricot beans, butternut squash, peppers, sweet potato, red onion, coriander, garlic puree, apricots, oregano, ground coriander, cumin, vegetable stock, smoked paprika, cornflour, stock, tomato & cheese	White Rice	Diced Peaches

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Bank Holiday Menu Nursery Hot Tea Menu

Spring Summer 2025

VA Vegan
V Vegetarian
T Tomato
SD Sulphites
S Soya
PUJ Pulse/Bean
P Pork
HL Halal
G Gluten
F Fish
E Egg
D Dairy
CA Citric Acid/Spice
C Celery
B Beef

Day	Dish	Dietaries													
6 May 2025	Vegetable Chilli & Cheese			●	●				●		●		●	●	
	White Rice								●					●	
	Diced Peaches			●					●					●	

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