

Week A	Item 1		Item 2	Item 3
Monday	Yellow Thai Chickpea Curry (D) (PU) (SD)	Chickpeas, red onion, peppers, carrot, courgette, basil, Thai curry paste, bechamel, peas, coconut milk, turmeric, garlic, lime zest, coriander, cream	White Rice	Diced Peaches
Tuesday	Orange & Ginger Pork Noodles (G) (PU) (T)	Diced pork, orange juice, orange zest, onion, peppers, carrot, sweetcorn, bean sprouts, white cabbage, coriander, ginger, cumin, vegetable stock, tomato, noodles	Not Applicable	Pineapple Fromage Frais (D)
Wednesday	Cheesy Baked Beans (D) (PU) (T)	Haricot beans, garlic, onion, sweet potato, carrot, tomato, rice flour & grated cheese	Jacket Potato	Melon Slices
Thursday	Beef Meatball Pasta Bake (D) (G) (PU) (T)	Beef meatballs, onion, red lentils, peppers, swede, oregano, basil, tomato, rice flour, garlic, pasta, rapeseed oil & cheese	Not Applicable	Orange Slices
Friday	Chicken, Leek & Potato Pie (D) (PU)	Chicken, onion, garlic, leeks, carrot, thyme, bechamel (contains coconut), stock, cream, potato, dairy free spread	Not Applicable	Sweet Potato & Apricot Oaty Bar (G) (SD)

Week B	Item 1		Item 2	Item 3
Monday	Lamb & Potato Tagine (PU) (SD) (T)	Lamb, potato, peppers, onion, carrot, rosemary, stock, tomato, cinnamon, cumin, garlic, dried apricots, chickpeas, rice flour	Not Applicable	Pear & Apple Yoghurt (D)
Tuesday	Cheesy Baked Beans (D) (PU) (T)	Haricot beans, garlic, onion, sweet potato, carrot, tomato, rice flour & grated cheese	Jacket Potato	Orange Slices
Wednesday	Beef Bolognese Pasta Bake (G) (T)	Minced beef, carrot, butternut squash, onion, red pepper, tomato, garlic, basil, mixed herbs, oregano, rice flour, pasta, rapeseed oil, stock	Not Applicable	Peach Fromage Frais (D)
Thursday	Chicken & Roasted Vegetable Pizza (D) (G) (T)	Wholemeal pizza base, tomato sauce, herbs, roasted vegetables, diced chicken, cheese	Not Applicable	Apricot Protein Bar (G) (PU) (SD)
Friday	Smashed Veggie Lasagne (D) (G) (PU) (T)	Lentils, carrot, sweet potato, onion, garlic, rosemary, basil, mixed herbs, paprika, stock, tomato, pasta, vegan bechamel (contains coconut) & cheese	Not Applicable	Melon Slices

Week C	Item 1		Item 2	Item 3
Monday	Tuna & Sweetcorn Pasta Bake (D) (F) (G) (PU) (T)	Tuna, macaroni, cheese, tomato, garlic, butternut squash, sweetcorn, onion, basil, rapeseed oil & bechamel (contains coconut)	Not Applicable	Blueberry Oaty Bar (G)
Tuesday	Beanie Fajita (PU) (T)	Three bean salad, peppers, carrot, red onion, garlic, mixed spices, paprika, basil, stock, rice flour & tomato	Soft Flour Tortilla (G)	Greek Style Vanilla Yoghurt (D)
Wednesday	Tomato & Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)	Sweetcorn, peas, butternut squash, peppers, onion, mascarpone soft cheese, garlic, red lentils, bechamel (contains coconut), tomato, basil, stock, rapeseed oil & pasta	Not Applicable	Diced Apple & Apricot
Thursday	Vegetable Dahl (D) (PU) (SD) (T)	Spinach, potato, red lentils, carrot, onion, butternut squash, garlic, coriander, curry paste (contains tomato & mixed spices), lemon juice, garam masala, ginger, paprika, cumin, bechamel (contains coconut), cream & tomato	White Rice	Melon Slices
Friday	Chicken & Pineapple Wholemeal Pizza (D) (G) (T)	Wholemeal pizza base, tomato, mixed herbs, chicken, pineapple, cheese	Not Applicable	Orange Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

NURSERY HOT Tea Menu

Autumn Winter 2025/26

Vegetarian
Vegan
Tomato
Sulphites
Soya
Pulse/Bean
Pork
Halal
Gluten
Fish
Egg
Dairy
Citric Acid/Spice
Celery
Beef

Week A	Dish	Dietaries													
Monday	Yellow Thai Chickpea Curry			●	●				●		●		●		●
	White Rice								●					●	●
	Diced Peaches			●					●					●	●
Tuesday	Orange & Ginger Pork Noodles			●				●		●				●	
	Not Applicable								●						●
	Pineapple Fromage Frais			●	●				●						●
Wednesday	Cheesy Baked Beans			●	●				●		●			●	●
	Jacket Potato								●					●	●
	Melon Slices			●					●					●	●
Thursday	Beef Meatball Pasta Bake	●		●	●			●		●			●		●
	Not Applicable								●					●	●
	Orange Slices			●					●					●	●
Friday	Chicken, Leek & Potato Pie			●	●				●		●			●	●
	Not Applicable													●	●
	Sweet Potato & Apricot Oaty Bar			●				●				●		●	●

Week B	Dish	Dietaries													
Monday	Lamb & Potato Tagine			●							●		●		●
	Not Applicable								●					●	●
	Pear & Apple Yoghurt			●	●				●						●
Tuesday	Cheesy Baked Beans			●	●				●		●			●	●
	Jacket Potato								●					●	●
	Orange Slices			●					●					●	●
Wednesday	Beef Bolognese Pasta Bake	●		●				●					●		●
	Not Applicable								●					●	●
	Peach Fromage Frais			●	●				●						●
Thursday	Chicken & Roasted Vegetable Pizza			●	●			●					●		●
	Not Applicable								●					●	●
	Apricot Protein Bar			●				●		●		●		●	●
Friday	Smashed Veggie Lasagne			●	●			●		●			●		●
	Not Applicable								●					●	●
	Melon Slices			●				●						●	●

Week C	Dish	Dietaries													
Monday	Tuna & Sweetcorn Pasta Bake			●	●		●	●		●			●		●
	Not Applicable							●						●	●
	Blueberry Oaty Bar			●				●						●	●
Tuesday	Beanie Fajita			●				●		●			●		●
	Soft Flour Tortilla							●						●	●
	Greek Style Vanilla Yoghurt			●	●			●							●
Wednesday	Tomato & Mascarpone Cheese Pasta Bake			●	●			●		●			●		●
	Not Applicable													●	●
	Diced Apple & Apricot			●				●						●	●
Thursday	Vegetable Dahl			●	●					●		●	●		●
	White Rice								●					●	●
	Melon Slices			●					●					●	●
Friday	Chicken & Pineapple Wholemeal Pizza			●	●			●					●		●
	Not Applicable								●					●	●
	Orange Slices			●				●						●	●

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.