

Menu A	Item 1		Item 2	Item 3
Monday	Spinach, Soft Cheese & Cheddar Flatbread (D) (G)	Spinach, soft cheese, grated cheddar, flatbread	Sweetcorn & Diced Pepper	Apricot Protein Bar (G) (PU) (SD)
Tuesday	Chicken & Rainbow Slaw Brown Roll (E) (G)	Chicken, red cabbage, white cabbage, carrot, onion & mayonnaise, brown roll	Cucumber Slices	Pineapple Yoghurt (D)
Wednesday	Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)	Wheat tortilla wrap Cheddar cheese	Hard Boiled Egg Wedges (E)	Orange Slices
Thursday	Tuna, Sweetcorn & Soft Cheese White Roll (D) (F) (G)	Tuna, sweetcorn, soft cheese, white bread roll	Grated Carrot	Fruit Loaf (G) (SD) (S)
Friday	Homemade Margarita Wholemeal Pizza (D) (G) (T)	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	Roast Chicken Slices	Diced Pears

Menu B	Item 1		Item 2	Item 3
Monday	Tuna, Cucumber & Creme Fraiche Flatbread (D) (F) (G)	Tuna, creme fraiche, cucumber, flatbread	Sweetcorn & Grated Carrot	Diced Peaches
Tuesday	Egg, Cheese, Chive & Mayonnaise White Roll (D) (E) (G)	Grated cheese, hardboiled egg, mayonnaise, chive, white roll	Cucumber Slices	Strawberry Yoghurt (D)
Wednesday	Homemade Chicken & Pineapple Wholemeal Pizza (D) (G) (T)	Wholemeal pizza base, pizza sauce, chicken, pineapple, cheese	Grated Courgette & Carrot	Banana Flapjack (G)
Thursday	Charlotte's Traffic Light Pasta Salad (D) (G) (SD) (T)	Macaroni pasta, sundried tomato, peppers, courgette, oregano, feta cheese, lemon juice & rapeseed oil	Corn Cakes with Pea & Spinach Houmous (PU)	Melon Slices
Friday	Broccoli, Spring Onion & Cheddar Muffin Square (D) (E) (G) (S)	Muffin mix, self raising flour, baking powder, cheddar cheese, soft cheese, broccoli, spring onion & rapeseed oil	Roast Chicken Slices	Orange Slices

Menu C	Item 1		Item 2	Item 3
Monday	Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza (D) (G) (T)	Wholemeal pizza base, pizza sauce, tomato, mixed herbs, cheddar, mozzarella, roasted red onion, roasted red pepper, roasted courgette	Roast Chicken Slices	Diced Apple & Apricot
Tuesday	Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese & Carrot (D)	Wheat tortilla wrap Cheddar cheese and carrot	Hard Boiled Egg Wedges (E)	Orange Slices
Wednesday	Chicken, Spinach & Creme Fraiche White Roll (D) (G)	Chicken breast, spinach, creme fraiche, white roll	Grated Courgette & Carrot	Raspberry Yoghurt (D)
Thursday	Tuna & Cream Cheese Flatbread (D) (F) (G)	Tuna, soft cheese, flatbread	Cucumber Slices	Carrot & Cinnamon Flapjack (G)
Friday	Mozzarella, Tomato & Feta Scone (D) (G) (T) with Sunflower Spread	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	Hard Boiled Egg Wedges (E)	Melon Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
PU = Contains Pulses/Beans SD = Contains Sulphur Dioxide S = Contains Soya T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

NURSERY AFTERNOON TEA MENU

Spring Summer 2025

Vegetarian
Vegan
Tomato
Soya
SD Sulphites
Pulse/Bean
Pork
Halal
Gluten
Fish
Egg
Dairy
Citric Acid/Spice
Celery
Beef

Menu A	Dish	Dietaries													
Monday	Spinach, Soft Cheese & Cheddar Flatbread				●			●	●					●	●
	Sweetcorn & Diced Pepper							●	●					●	●
	Apricot Protein Bar			●				●	●		●	●		●	●
Tuesday	Chicken & Rainbow Slaw Brown Roll					●		●						●	●
	Cucumber Slices							●	●					●	●
	Pineapple Yoghurt			●	●									●	●
Wednesday	Soft Flour Tortilla Wrap							●	●					●	●
	with Grated Cheddar Cheese				●			●	●					●	●
	Hard Boiled Egg Wedges					●			●					●	●
	Orange Slices			●				●	●					●	●
Thursday	Tuna, Sweetcorn & Soft Cheese White Roll				●		●	●	●					●	●
	Grated Carrot							●	●					●	●
	Fruit Loaf			●				●	●		●	●		●	●
Friday	Homemade Margarita Wholemeal Pizza			●	●			●	●				●	●	●
	Roast Chicken Slices							●			●	●		●	●
	Diced Pears			●				●	●					●	●

Menu B	Dish	Dietaries													
Monday	Tuna, Cucumber & Creme Fraiche Flatbread				●		●	●	●					●	●
	Sweetcorn & Grated Carrot							●	●					●	●
	Diced Peaches			●				●	●					●	●
Tuesday	Egg, Cheese, Chive & Mayonnaise White Roll				●	●		●	●					●	●
	Cucumber Slices							●	●					●	●
	Strawberry Yoghurt			●	●			●	●					●	●
Wednesday	Homemade Chicken & Pineapple Wholemeal Pizza			●	●			●	●				●	●	●
	Grated Courgette & Carrot			●				●	●					●	●
	Banana Flapjack			●				●	●					●	●
Thursday	Charlotte's Traffic Light Pasta Salad			●	●			●	●		●	●		●	●
	Corn Cakes			●				●	●					●	●
	with Pea & Spinach Houmous			●				●	●		●	●		●	●
	Melon Slices			●				●	●					●	●
Friday	Broccoli, Spring Onion & Cheddar Muffin Square				●	●		●	●			●		●	●
	Roast Chicken Slices							●			●	●		●	●
	Orange Slices			●				●	●					●	●

Menu C	Dish	Dietaries													
Monday	Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza			●	●			●	●				●	●	●
	Roast Chicken Slices			●				●	●					●	●
	Diced Apple & Apricot			●				●	●					●	●
Tuesday	Soft Flour Tortilla Wrap							●	●					●	●
	with Grated Cheddar Cheese & Carrot				●			●	●					●	●
	Hard Boiled Egg Wedges					●			●					●	●
	Orange Slices			●				●	●					●	●
Wednesday	Chicken, Spinach & Creme Fraiche White Roll				●			●	●					●	●
	Grated Courgette & Carrot							●	●					●	●
	Raspberry Yoghurt			●	●			●	●					●	●
Thursday	Tuna & Cream Cheese Flatbread				●		●	●	●					●	●
	Cucumber Slices							●	●					●	●
	Carrot & Cinnamon Flapjack			●				●	●					●	●
Friday	Mozzarella, Tomato & Feta Scone			●	●			●	●				●	●	●
	with Sunflower Spread							●						●	●
	Hard Boiled Egg Wedges					●		●	●					●	●
	Melon Slices			●				●	●					●	●

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