

Week A	Item 1	Item 2	Item 3	Snack Item
Monday	Chicken & Rainbow Slaw Brown Roll (D) (G)	Sweetcorn & Diced Pepper	Greek Style Vanilla Yoghurt (D)	Cheddar & Chive Cornbread (D) (E) (G) (S)
Tuesday	Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza (D) (G) (T)	Hard Boiled Egg Wedges (E)	Orange Slices	Corn Cake with Soft Cheese (D)
Wednesday	Soft Flour Wrap (G) with Egg & Cheese (D) (E)	Cucumber	Banana & Blueberry Oat Bar (G)	Homemade Margarita Wholemeal Pizza (D) (G) (T)
Thursday	Tomato, Courgette & Mozzarella Pasta (D) (G) (T)	Corn Cake with Pea & Spinach Houmous (PU)	Diced Apple & Apricot	Breadsticks (G) with Cheddar Cheese (D)
Friday	Spinach, Red Onion, Lentil & Cheddar Muffin (D) (E) (G) (PU) (S)	Roast Chicken Slices	Melon Slices	Cheese & (D) Lettuce Wrap (G)

Week B	Item 1	Item 2	Item 3	Snack Item
Monday	Tuna, Cucumber & Mayonnaise Flatbread (F) (G)	Grated Courgette & Carrot	Cheddar & Chive Cornbread (D) (E) (G) (S)	Corn Cake with Soft Cheese (D)
Tuesday	Soft Flour Wrap (G) with Grated Cheddar & Rainbow Slaw (D)	Roast Chicken Slices	Diced Peaches	Cheddar & Chive Cornbread (D) (E) (G) (S)
Wednesday	Broccoli, Feta & Spring Onion Muffin (D) (E) (G) (S)	Hard Boiled Egg Wedges (E)	Orange Slices	Cheese & (D) Lettuce Wrap (G)
Thursday	Turkey, Spinach & Creme Fraiche White Roll (D) (G) (PU)	Cucumber	Melon Slices	Homemade Margarita Wholemeal Pizza (D) (G) (T)
Friday	Homemade Pineapple & Roasted Vegetable Wholemeal Pizza (D) (G) (T)	Corn Cake with Soft Cheese (D)	Apricot Protein Bar (G) (PU) (SD)	Breadsticks (G) with Cheddar Cheese (D)

Week C	Item 1	Item 2	Item 3	Snack Item
Monday	Egg, Spinach & Soft Cheese Wholemeal Roll (D) (E) (G)	Sweetcorn & Diced Pepper	Fruit Loaf (G) (S) (SD)	Corn Cake with Soft Cheese (D)
Tuesday	Soft Flour Wrap (G) with Tuna, Sweetcorn & Creme Fraiche (D) (F)	Grated Courgette & Carrot	Melon Slices	Homemade Margarita Wholemeal Pizza (D) (G) (T)
Wednesday	Chickpea, Courgette, Carrot & Feta Muffin (D) (E) (G) (PU) (S)	Hard Boiled Egg Wedges (E)	Diced Apricots	Cheese & (D) Lettuce Wrap (G)
Thursday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza (D) (G) (T)	Cucumber	Strawberry Fromage Frais (D)	Breadsticks (G) with Cheddar Cheese (D)
Friday	Grated Cheese, Carrot & Cucumber Wholemeal Roll (D) (G)	Roast Chicken Slices	Orange Slices	Cheddar & Chive Cornbread (D) (E) (G) (S)

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato  
 Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

