

| Week A    | Main Course                                                                 |                                                                                                                                                                                                                                                                                                            | Side Dish                            | Second Course                                          |
|-----------|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|--------------------------------------------------------|
| Monday    | <b>Creamy Mushroom &amp; Lentil Bolognese</b><br>(D) (PU) (T)               | carrot, butternut squash, white onion, rosemary, basil, mixed herbs, paprika, garlic puree, stock, chopped tomato, tomato paste, rice flour, green lentils, mushrooms, soft cheese                                                                                                                         | <b>Pasta (G)</b>                     | Fruit Salad of Peach, Pear & Apple                     |
| Tuesday   | <b>Barbecue Chicken</b><br>(PU) (SD) (T)                                    | sliced chicken breast, white onion, peppers, butternut squash, garlic puree, pineapple, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast, red kidney beans                                                       | White Rice                           | <b>Greek Style Vanilla Yoghurt (D)</b>                 |
| Wednesday | <b>Tuna &amp; Salmon Al Forno</b> (D) (F) (T)                               | tuna, salmon, red onion, sweet potato, sweetcorn, garlic puree, chives, tomato paste, chopped tomato, soft cheese, carrot, peppers, basil, stock, vegetable stock                                                                                                                                          | <b>Pasta (G)</b>                     | <b>Banana &amp; Spinach Sponge (G) (S)</b>             |
| Thursday  | <b>Thai Mango Vegetables</b> (D) (PU) (SD) (T)                              | red onion, peppers, carrot, pineapple, fresh coriander, garlic puree, ground cumin, red wine vinegar, rice flour, pineapple juice, vegetable stock, tomato paste, chopped tomato, ground ginger, stock, mango, diced mango, bean sprouts, coconut milk, haricot beans, black turtle beans, natural yoghurt | <b>Wholewheat Noodles (G)</b>        | Fresh Melon                                            |
| Friday    | <b>Speldhurst Pork Sausage &amp; Homemade Baked Beans</b> (G) (PU) (SD) (T) | garlic puree, tomato passata, rice flour, Speldhurst skinless pork sausage, sweet potato, carrot, white onion, haricot beans                                                                                                                                                                               | Sweet Potato & Butternut Squash Mash | <b>Apple, Blueberry &amp; Cherry Creme Fraiche</b> (D) |

| Week B    | Main Course                                     |                                                                                                                                                                                                                                                                                                          | Side Dish                     | Second Course                                            |
|-----------|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|----------------------------------------------------------|
| Monday    | <b>Butter Chicken</b> (D) (PU) (SD) (T)         | diced chicken breast, tomato paste, tomato passata, bechamel (coconut), natural yoghurt, coconut milk, butternut squash, white onion, garlic puree, fresh coriander, curry paste, lemon juice, garam masala, ground ginger, paprika, ground cumin                                                        | Savoury Vegetable Rice        | Peaches & Pineapple                                      |
| Tuesday   | <b>Vegetable Massaman</b> (D) (PU) (SD) (T)     | potato, white onion, peppers, sweet potato, cauliflower, leek, Thai green curry paste, dried apricots, garlic puree, ground cinnamon, fresh coriander, mild madras curry powder, ground ginger, coconut milk, red lentils, pineapple, bechamel (coconut), vegetable stock, tomato paste, natural yoghurt | <b>Wholewheat Noodles (G)</b> | <b>Sultana, Carrot &amp; Courgette Loaf (G) (S) (SD)</b> |
| Wednesday | <b>Pork &amp; Apple Casserole</b> (PU) (SD) (T) | diced pork, white onion, leek, peas, garlic puree, parsley, curry paste, lemon juice, apple, bechamel (coconut), tomato paste, tomato passata, pork stock, turmeric, rosemary, vegetable stock, stock, mushrooms, carrot, chives                                                                         | New Potatoes                  | <b>Greek Style Banana Yoghurt (D)</b>                    |
| Thursday  | <b>Simply Chicken</b> (T)                       | diced chicken breast, garlic puree, rice flour, tomato passata, butternut squash, peppers, white onion                                                                                                                                                                                                   | <b>Pasta (G)</b>              | Corn Cake with Soft Cheese (D)                           |
| Friday    | <b>Mild Beef Chilli</b> (PU) (SD) (T)           | butternut squash, peppers, sweet potato, white onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, haricot beans, red kidney beans, black turtle beans, minced beef         | Wild Rice                     | <b>Greek Style Apple &amp; Mango Yoghurt (D)</b>         |

| Week C    | Main Course                                  |                                                                                                                                                                                                                                                                                          | Side Dish        | Second Course                                                    |
|-----------|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|------------------------------------------------------------------|
| Monday    | <b>Vegetable &amp; Lentil Ragu</b> (PU) (T)  | carrot, butternut squash, white onion, rosemary, basil, mixed herbs, paprika, garlic puree, stock, chopped tomato, tomato paste, tomato passata, red lentils, mushrooms, leek, butter beans                                                                                              | <b>Pasta (G)</b> | <b>Greek Style Winter Berry Yoghurt (D)</b>                      |
| Tuesday   | <b>Cuban Beef</b> (PU) (T)                   | carrot, peppers, red onion, butternut squash, basil, garlic puree, fresh coriander, orange juice, orange zest, smoked paprika, ground cumin, oregano, ground cinnamon, ground coriander, stock, chopped tomato, tomato paste, pineapple, beef brisket, black turtle beans, haricot beans | Brown Rice       | <b>Spiced Date, Carrot &amp; Cream Cheese Sponge</b> (D) (G) (S) |
| Wednesday | <b>Creamy Red Pesto Chicken</b> (D) (PU) (T) | shredded chicken breast, carrot, spinach, garlic puree, basil, bechamel (coconut), cream, tomato paste, chopped tomato, haricot beans, peppers, white onion                                                                                                                              | <b>Pasta (G)</b> | Diced Peach & Apricot                                            |
| Thursday  | <b>Turkey Stroganoff</b> (D) (PU)            | turkey, white onion, leek, carrot, mushrooms, garlic puree, cream, paprika, stock, bechamel (coconut), vegetable stock, roasted red pepper, natural yoghurt                                                                                                                              | Mashed Potato    | <b>Oaty Apple Slice</b> (G) (SD)                                 |
| Friday    | <b>Family Favourites Menu</b>                |                                                                                                                                                                                                                                                                                          |                  |                                                                  |

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

NURSERY LUNCH MENU

Autumn Winter 2026/27

|                   |
|-------------------|
| Vegetarian        |
| Vegan             |
| Tomato            |
| Sulphites         |
| Soya              |
| Pulse/Bean        |
| Pork              |
| Halal             |
| Gluten            |
| Fish              |
| Egg               |
| Dairy             |
| Citric Acid/Spice |
| Celery            |
| Beef              |

| Week A    | Dish                                           | Dietaries |  |   |   |  |   |   |   |   |   |  |   |   |   |
|-----------|------------------------------------------------|-----------|--|---|---|--|---|---|---|---|---|--|---|---|---|
| Monday    | Creamy Mushroom & Lentil Bolognaise            |           |  | ● | ● |  |   |   | ● |   | ● |  |   | ● | ● |
|           | Pasta                                          |           |  |   |   |  |   | ● | ● |   |   |  |   | ● | ● |
|           | Fruit Salad of Peach, Pear & Apple             |           |  | ● |   |  |   |   | ● |   |   |  |   | ● | ● |
| Tuesday   | Barbecue Chicken                               |           |  | ● |   |  |   |   |   |   | ● |  | ● |   | ● |
|           | White Rice                                     |           |  |   |   |  |   |   | ● |   |   |  |   | ● | ● |
|           | Greek Style Vanilla Yoghurt                    |           |  | ● | ● |  |   |   | ● |   |   |  |   |   | ● |
| Wednesday | Tuna & Salmon Al Forno                         |           |  | ● | ● |  | ● |   | ● |   |   |  |   | ● | ● |
|           | Pasta                                          |           |  |   |   |  | ● |   | ● |   |   |  |   | ● | ● |
|           | Banana & Spinach Sponge                        |           |  | ● |   |  |   | ● | ● |   | ● |  |   | ● | ● |
| Thursday  | Thai Mango Vegetables                          |           |  | ● | ● |  |   |   | ● |   | ● |  | ● |   | ● |
|           | Wholewheat Noodles                             |           |  | ● |   |  |   | ● | ● |   |   |  |   | ● | ● |
|           | Fresh Melon                                    |           |  | ● |   |  |   |   | ● |   |   |  |   | ● | ● |
| Friday    | Speldhurst Pork Sausage & Homemade Baked Beans |           |  | ● |   |  |   | ● |   | ● | ● |  | ● |   | ● |
|           | Sweet Potato & Butternut Squash Mash           |           |  |   |   |  |   |   |   |   | ● |  |   | ● | ● |
|           | Apple, Blueberry & Cherry Creme Fraiche        |           |  | ● | ● |  |   |   | ● |   |   |  |   | ● | ● |

| Week B    | Dish                              | Dietaries |  |   |   |  |  |   |   |   |   |   |   |   |   |
|-----------|-----------------------------------|-----------|--|---|---|--|--|---|---|---|---|---|---|---|---|
| Monday    | Butter Chicken                    |           |  | ● | ● |  |  |   | ● |   | ● |   | ● |   | ● |
|           | Savoury Vegetable Rice            |           |  |   |   |  |  |   | ● |   |   |   |   | ● | ● |
|           | Peaches & Pineapple               |           |  | ● |   |  |  |   | ● |   |   |   |   | ● | ● |
| Tuesday   | Vegetable Massaman                |           |  | ● | ● |  |  |   | ● |   | ● |   | ● |   | ● |
|           | Wholewheat Noodles                |           |  | ● |   |  |  | ● | ● |   |   |   |   | ● | ● |
|           | Sultana, Carrot & Courgette Loaf  |           |  | ● |   |  |  | ● | ● |   | ● |   |   | ● | ● |
| Wednesday | Pork & Apple Casserole            |           |  | ● |   |  |  |   | ● | ● |   | ● |   | ● | ● |
|           | New Potatoes                      |           |  |   |   |  |  |   |   |   |   |   |   | ● | ● |
|           | Greek Style Banana Yoghurt        |           |  | ● | ● |  |  |   | ● |   |   |   |   | ● | ● |
| Thursday  | Simply Chicken                    |           |  | ● |   |  |  |   |   |   |   |   |   | ● | ● |
|           | Pasta                             |           |  |   |   |  |  | ● | ● |   |   |   |   | ● | ● |
|           | Corn Cake with Soft Cheese        |           |  |   | ● |  |  |   | ● |   |   |   |   | ● | ● |
| Friday    | Mild Beef Chilli                  | ●         |  | ● |   |  |  |   |   |   | ● |   | ● |   | ● |
|           | Wild Rice                         |           |  |   |   |  |  |   | ● |   |   | ● |   | ● | ● |
|           | Greek Style Apple & Mango Yoghurt |           |  | ● | ● |  |  |   | ● |   |   |   |   | ● | ● |

| Week C    | Dish                                      | Dietaries |  |   |   |  |  |   |   |  |   |   |  |   |   |
|-----------|-------------------------------------------|-----------|--|---|---|--|--|---|---|--|---|---|--|---|---|
| Monday    | Vegetable & Lentil Ragù                   |           |  | ● | ● |  |  |   | ● |  | ● |   |  | ● | ● |
|           | Pasta                                     |           |  |   |   |  |  | ● | ● |  |   |   |  | ● | ● |
|           | Greek Style Winter Berry Yoghurt          |           |  | ● | ● |  |  |   | ● |  |   |   |  | ● | ● |
| Tuesday   | Cuban Beef                                | ●         |  | ● |   |  |  |   |   |  | ● |   |  | ● | ● |
|           | Brown Rice                                |           |  |   |   |  |  |   | ● |  |   |   |  | ● | ● |
|           | Spiced Date, Carrot & Cream Cheese Sponge |           |  | ● | ● |  |  | ● | ● |  | ● |   |  | ● | ● |
| Wednesday | Creamy Red Pesto Chicken                  |           |  | ● | ● |  |  |   |   |  | ● |   |  | ● | ● |
|           | Pasta                                     |           |  |   |   |  |  | ● | ● |  |   |   |  | ● | ● |
|           | Diced Peach & Apricot                     |           |  | ● |   |  |  |   | ● |  |   |   |  | ● | ● |
| Thursday  | Turkey Stroganoff                         |           |  | ● | ● |  |  |   |   |  | ● |   |  |   | ● |
|           | Mashed Potato                             |           |  |   |   |  |  |   | ● |  |   |   |  | ● | ● |
|           | Oaty Apple Slice                          |           |  | ● |   |  |  | ● | ● |  |   | ● |  | ● | ● |
| Friday    | Family Favourites Menu                    |           |  |   |   |  |  |   |   |  |   |   |  |   |   |

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

| Day         | Main Course                                                            |                                                                                                                                                                                                                                                                          | Side Dish        | Second Course                                       |
|-------------|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-----------------------------------------------------|
| 13 Nov 2026 | <b>Jacob's Sausage Campfire Stew (G) (PU) (SD) (T)</b>                 | Speldhurst skinless pork sausage, tomato passata, white onion, garlic puree, ground cumin, smoked paprika, mild madras curry powder, peppers, sweet potato, haricot beans, stock, vegetable stock, potato, tomato paste, carrot                                          | New Potatoes     | <b>Greek Style Apple &amp; Berry Yoghurt (D)</b>    |
| 4 Dec 2026  | <b>Henry's Chicken &amp; Chorizo with Hidden Veg (PU)</b>              | sliced mixed peppers, mushrooms, peas, white onion, red kidney beans, courgette, shredded chicken breast, garlic puree, turmeric, smoked paprika, vegetable stock, chorizo, sliced chicken breast, stock, carrot                                                         | White Rice       | <b>Greek Style Strawberry Yoghurt (D)</b>           |
| 15 Jan 2027 | <b>Cass's Sunshine Chicken &amp; Rainbow Veggies (D) (PU) (SD) (T)</b> | diced chicken breast, carrot, peppers, sweetcorn, peas, white onion, tomato passata, tomato paste, soft cheese, chopped tomato, dried apricots, chives, rice flour, haricot beans, stock, peaches, vegetable stock                                                       | <b>Pasta (G)</b> | Fruit Salad of Apple, Pear & Pineapple              |
| 5 Feb 2027  | <b>Family Favourites Beef Meatballs (G) (T)</b>                        | beef meatballs, white onion, tomato passata, tomato paste, carrot, garlic puree, mixed herbs, basil, vegetable stock, stock, peppers                                                                                                                                     | <b>Pasta (G)</b> | <b>Greek Style Apple &amp; Cinnamon Yoghurt (D)</b> |
| 26 Feb 2027 | <b>Oscar's Veggie Ragu (PU) (SD) (T)</b>                               | red lentils, tomato passata, red onion, roasted red pepper, carrot, garlic puree, butternut squash, red wine vinegar, oregano dried, smoked paprika, vegetable stock, rosemary, chopped tomato, broccoli, stock, tomato paste, chives, leek, mushrooms, sun dried tomato | <b>Pasta (G)</b> | Fruit Salad of Apple, Pear & Pineapple              |
| 19 Mar 2027 | <b>Arthur's Beef Biryani (PU) (T)</b>                                  | sliced mixed peppers, cauliflower, broccoli, mushrooms, white onion, beef brisket, carrot, garlic puree, ground ginger, mild madras curry powder, paprika, white rice, vegetable stock, peas, fresh coriander, chopped tomato, stock                                     | <b>Raita (D)</b> | <b>Banana &amp; Blueberry Oat Bar (G)</b>           |
| 9 Apr 2027  | <b>Eloise's Filipino Chicken Adobo (PU) (SD)</b>                       | diced chicken breast, red lentils, apple, red onion, garlic puree, red wine vinegar, vegetable stock, butternut squash, fresh coriander, smoked paprika, ground cumin, coconut milk, lime zest, black turtle beans, stock, peas, coconut aminos                          | White Rice       | <b>Greek Style Cherry Yoghurt (D)</b>               |
| 30 Apr 2027 | <b>Maisy's Hidden Veggie, Lentil &amp; Chicken (D) (PU) (T)</b>        | diced chicken breast, red lentils, tomato passata, carrot, courgette, roasted red pepper, white onion, garlic puree, mixed herbs, soft cheese, butternut squash, tomato paste, stock, vegetable stock                                                                    | <b>Pasta (G)</b> | Fruit Salad of Apple, Pear & Pineapple              |
| 21 May 2027 | <b>Uzi's Massaman Chicken Curry (PU) (T)</b>                           | diced chicken breast, curry paste, white onion, coconut milk, potato, carrot, lime zest, ground cumin, ground coriander, fresh coriander, basil, peaches, tomato paste, bechamel (coconut)                                                                               | White Rice       | <b>Sweet Potato &amp; Blueberry Oat Bar (G)</b>     |

**C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten**  
**PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato**

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

# FAMILY FAVOURITES NURSERY LUNCH Menu

Autumn Winter 2026/27

|                   |
|-------------------|
| Vegetarian        |
| Vegan             |
| Tomato            |
| Sulphites         |
| Soya              |
| Pulse/Bean        |
| Pork              |
| Halal             |
| Gluten            |
| Fish              |
| Egg               |
| Dairy             |
| Citric Acid/Spice |
| Celery            |
| Beef              |

| Day         | Dish                                      | Dietaries |  |   |   |  |  |   |   |   |   |  |   |   |   |
|-------------|-------------------------------------------|-----------|--|---|---|--|--|---|---|---|---|--|---|---|---|
| 13 Nov 2026 | Jacob's Sausage Campfire Stew             |           |  | ● |   |  |  | ● |   | ● | ● |  | ● | ● |   |
|             | New Potatoes                              |           |  |   |   |  |  |   |   |   |   |  |   | ● | ● |
|             | Greek Style Apple & BerryYoghurt          |           |  | ● | ● |  |  |   | ● |   |   |  |   |   | ● |
| 4 Dec 2026  | Henry's Chicken & Chorizo with Hidden Veg |           |  | ● |   |  |  |   |   | ● | ● |  |   |   |   |
|             | White Rice                                |           |  |   |   |  |  |   | ● |   |   |  |   | ● | ● |
|             | Greek Style StrawberryYoghurt             |           |  | ● | ● |  |  |   | ● |   |   |  |   |   | ● |
| 15 Jan 2027 | Cass's Sunshine Chicken & Rainbow Veggies |           |  | ● | ● |  |  |   |   |   | ● |  | ● | ● | ● |
|             | Pasta                                     |           |  |   |   |  |  | ● | ● |   |   |  |   | ● | ● |
|             | Fruit Salad of Apple, Pear & Pineapple    |           |  | ● |   |  |  |   | ● |   |   |  |   | ● | ● |
| 5 Feb 2027  | Family Favourites Beef Meatballs          | ●         |  | ● |   |  |  | ● |   |   |   |  | ● |   |   |
|             | Pasta                                     |           |  |   |   |  |  | ● | ● |   |   |  |   | ● | ● |
|             | Greek Style Apple & CinnamonYoghurt       |           |  | ● | ● |  |  |   | ● |   |   |  |   |   | ● |
| 26 Feb 2027 | Oscar's Veggie Ragu                       |           |  | ● |   |  |  |   | ● |   | ● |  | ● | ● | ● |
|             | Pasta                                     |           |  |   |   |  |  | ● | ● |   |   |  |   | ● | ● |
|             | Fruit Salad of Apple, Pear & Pineapple    |           |  | ● |   |  |  |   | ● |   |   |  |   | ● | ● |
| 19 Mar 2027 | Arthur's Beef Biryani                     | ●         |  | ● |   |  |  |   |   |   | ● |  | ● |   |   |
|             | Raita                                     |           |  | ● | ● |  |  |   | ● |   |   |  |   |   | ● |
|             | Banana & Blueberry Oat Bar                |           |  | ● |   |  |  | ● | ● |   |   |  |   | ● | ● |
| 9 Apr 2027  | Eloise's Filipino Chicken Adobo           |           |  | ● |   |  |  |   |   |   | ● |  | ● |   |   |
|             | White Rice                                |           |  |   |   |  |  |   | ● |   |   |  |   | ● | ● |
|             | Greek Style CherryYoghurt                 |           |  | ● | ● |  |  |   | ● |   |   |  |   |   | ● |
| 30 Apr 2027 | Maisy's Hidden Veggie, Lentil & Chicken   |           |  | ● | ● |  |  |   |   |   | ● |  |   | ● | ● |
|             | Pasta                                     |           |  |   |   |  |  | ● | ● |   |   |  |   | ● | ● |
|             | Fruit Salad of Apple, Pear & Pineapple    |           |  | ● |   |  |  |   | ● |   |   |  |   | ● | ● |
| 21 May 2027 | Uzi's Massaman Chicken Curry              |           |  | ● |   |  |  |   |   |   | ● |  | ● |   |   |
|             | White Rice                                |           |  |   |   |  |  |   | ● |   |   |  |   | ● | ● |
|             | Sweet Potato & Blueberry Oat Bar          |           |  | ● |   |  |  | ● | ● |   |   |  |   | ● | ● |

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.