

Week A	Item 1		Item 2	Item 3
Monday	Chicken Korma (D) (PU) (T)	white onion, carrot, garlic puree, chopped tomato, tomato paste, fresh coriander, diced chicken breast, curry paste, garam masala, ground ginger, paprika, ground cumin, cream, yoghurt, mango chutney, bechamel (coconut), coconut milk	White Rice	Apricot & Sweet Potato Protein Bar (PU) (SD)
Tuesday	Beef Bolognese & Cheese Pasta Bake (D) (G) (T)	carrot, butternut squash, white onion, basil, mixed herbs, chopped tomato, tomato paste, garlic puree, stock, rice flour, cheddar, minced beef, pasta	Not Applicable	Sliced Melon Medley
Wednesday	Cheesy Baked Beans (D) (PU) (T)	garlic puree, tomato passata, rice flour, cheddar, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Greek Style Winter Berry Yoghurt (D)
Thursday	Vegetable Casserole (D) (PU) (SD) (T)	red onion, garlic puree, courgette, carrot, dried apricots, spinach, tomato paste, chopped tomato, tomato passata, thyme, orange zest, smoked paprika, vegetable stock, haricot beans, red kidney beans, stock, cream, potato, chives, rosemary, leek	Focaccia (G)	Orange Slices
Friday	Three Cheese Macaroni Bake (D) (G) (PU)	red cheddar, pasta, yellow split peas, carrot, peppers, cream, cheddar, feta cheese, bechamel (coconut), vegetable stock	Not Applicable	Diced Apricots

Week B	Item 1		Item 2	Item 3
Monday	Tomato & Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)	sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (coconut), stock, basil, tomato paste, peas, tomato passata, peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Corn Cake with Mixed Bean Salsa (PU) (T)
Tuesday	Mango Chicken (T)	carrot, white onion, sweetcorn, pineapple, mixed spice, basil, diced mango, vegetable stock, stock, tomato paste, chopped tomato, shredded chicken breast, mango, tomato passata, sliced chicken breast	White Rice	Greek Style Cherry Yoghurt (D)
Wednesday	Vegetable Chilli & Cheese (D) (PU) (SD) (T)	butternut squash, peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, cheddar, cream, red kidney beans, haricot beans	Soft Flour Tortilla (G)	Diced Peaches
Thursday	Lamb Tikka Masala (D) (PU) (T)	minced lamb, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, turmeric, curry paste, peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, bechamel (coconut), tomato paste, tikka spice mix, peas	White Rice	Sliced Melon Medley
Friday	Tuna & Sweetcorn Pasta Bake (D) (F) (G) (PU) (T)	tuna, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (coconut), cheddar, pasta	Not Applicable	Orange Slices

Week C	Item 1		Item 2	Item 3
Monday	Chicken Biryani (D) (PU) (T)	shredded chicken breast, white rice, white onion, garlic puree, carrot, garam masala, curry paste, mild madras curry powder, turmeric, black turtle beans, ginger, fresh coriander, mushrooms, vegetable stock, stock, natural yoghurt	Not Applicable	Diced Apple & Apricot
Tuesday	Pineapple Laksa Noodles (G) (PU) (T)	pineapple juice, chickpeas, white onion, garlic puree, ginger, carrot, sweet potato, spinach, lime zest, peaches, pineapple, coconut milk, Thai green curry paste, stock, tomato paste, tomato passata, mushrooms, mild madras curry powder, fresh coriander, noodles, sweetcorn	Not Applicable	Greek Style Mango & Pineapple Yoghurt (D)
Wednesday	Turkey & Roasted Vegetable Pizza (D) (G) (PU) (T)	wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, turkey, cheese, peppers, courgette, red onion	Not Applicable	Orange Slices
Thursday	Chicken & Orzo Stew (G) (PU) (T)	shredded chicken breast, potato, white onion, garlic puree, carrot, leek, peas, haricot beans, tomato paste, chopped tomato, dates, rosemary, parsley, ground cumin, paprika, orzo pasta, stock	Not Applicable	Greek Style Vanilla Yoghurt (D)
Friday	Cheesy Baked Beans (D) (PU) (T)	garlic puree, tomato passata, rice flour, cheddar, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Sliced Melon Medley

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NURSERY HOT Tea MENU

Autumn Winter 2026/27

Vegetarian
Vegan
Tomato
Sulphites
Soya
Pulse/Bean
Pork
Halal
Gluten
Fish
Egg
Dairy
Citric Acid/Spice
Celery
Beef

Week A	Dish	Dietaries													
Monday	Chicken Korma			●	●					●		●		●	●
	White Rice								●		●			●	●
	Apricot & Sweet Potato Protein Bar			●					●		●			●	●
Tuesday	Beef Bolognaise & Cheese Pasta Bake	●		●	●			●					●	●	●
	Not Applicable								●					●	●
	Sliced Melon Medley			●					●					●	●
Wednesday	Cheesy Baked Beans			●	●				●		●		●	●	●
	Jacket Potato								●					●	●
	Greek Style Winter Berry Yoghurt			●	●				●					●	●
Thursday	Vegetable Casserole			●	●				●		●		●	●	●
	Focaccia							●						●	●
	Orange Slices			●					●					●	●
Friday	Three Cheese Macaroni Bake			●	●			●		●				●	●
	Not Applicable								●					●	●
	Diced Apricots			●					●					●	●

Week B	Dish	Dietaries													
Monday	Tomato & Mascarpone Cheese Pasta Bake			●	●			●		●			●	●	●
	Not Applicable							●						●	●
	Corn Cake							●						●	●
	with Mixed Bean Salsa			●				●		●			●	●	●
Tuesday	Mango Chicken			●									●	●	●
	White Rice							●						●	●
	Greek Style Cherry Yoghurt			●	●			●						●	●
Wednesday	Vegetable Chilli & Cheese			●	●			●		●		●	●	●	●
	Soft Flour Tortilla							●						●	●
	Diced Peaches			●				●						●	●
Thursday	Lamb Tikka Masala			●	●					●			●	●	●
	White Rice							●						●	●
	Sliced Melon Medley			●				●						●	●
Friday	Tuna & Sweetcorn Pasta Bake			●	●		●	●		●			●	●	●
	Not Applicable							●						●	●
	Orange Slices			●				●						●	●

Week C	Dish	Dietaries													
Monday	Chicken Biriyani			●	●					●			●	●	●
	Not Applicable								●					●	●
	Diced Apple & Apricot			●				●						●	●
Tuesday	Pineapple Laksa Noodles			●			●	●		●			●	●	●
	Not Applicable							●						●	●
	Greek Style Mango & Pineapple Yoghurt			●	●			●						●	●
Wednesday	Turkey & Roasted Vegetable Pizza			●	●			●		●			●	●	●
	Not Applicable													●	●
	Orange Slices			●				●						●	●
Thursday	Chicken & Orzo Stew			●				●		●			●	●	●
	Not Applicable							●						●	●
	Greek Style Vanilla Yoghurt			●	●			●						●	●
Friday	Cheesy Baked Beans			●	●					●			●	●	●
	Jacket Potato							●						●	●
	Sliced Melon Medley			●				●						●	●

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