

Week A	Item 1		Item 2	Item 3
Monday	Soft Flour Wrap (G) with Cheddar, Feta & Soft Cheese (D)	tortilla wrap cheddar, feta cheese, soft cheese, greek style yoghurt	Sweetcorn & Diced Pepper	Apricot & Sweet Potato Protein Bar (PU) (SD)
Tuesday	Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza (D) (G) (T)	cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, peppers, courgette, red onion	Hard Boiled Egg Wedges (E)	Sliced Melon Medley
Wednesday	Egg, Chive & Mayonnaise Wholemeal Roll (E) (G)	hard boiled egg, chives, mayonnaise, wholemeal flatbread	Sliced Peppers	Greek Style Winter Berry Yoghurt (D)
Thursday	Tuna, Cucumber & Creme Fraiche Flatbread (D) (F) (G)	tuna, soft cheese, cucumber, wholemeal flatbread, natural yoghurt	Roast Chicken Slices	Orange Slices
Friday	Mozzarella & Chickpea Pesto Pasta (D) (G) (PU)	pasta, chickpeas, diced mozzarella, basil, rapeseed oil, garlic puree, vegetable stock	Grated Courgette & Carrot	Diced Apricots

Week B	Item 1		Item 2	Item 3
Monday	Mixed Cheese & Carrot Flatbread (D) (G)	wholemeal flatbread, carrot, cheddar, soft cheese	Cucumber	Corn Cake with Mixed Bean Salsa (PU) (T)
Tuesday	Tomato, Pea & Basil Pasta (G) (PU) (T)	pasta, peas, basil, tomato, garlic, oregano, basil, pepper, sunflower oil, vegetable stock	Focaccia Bread Fingers (G) with Houmous (PU)	Greek Style Cherry Yoghurt (D)
Wednesday	Tuna, Sweetcorn & Creme Fraiche Wholemeal Roll (D) (F) (G)	tuna, soft cheese, sweetcorn, wholemeal flatbread, natural yoghurt	Sliced Peppers	Diced Peaches
Thursday	Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza (D) (G) (T)	cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, peppers, courgette, red onion	Hard Boiled Egg Wedges (E)	Sliced Melon Medley
Friday	Feta, Red Pepper, Sweet Potato & Chickpea Cornbread (D) (E) (G) (PU) (S)	savoury scone/muffin mix, baking powder, feta cheese, sweetcorn, polenta (corn/maize), rapeseed oil, roasted red pepper, self raising flour, cheddar, chickpeas, sweet potato	Cucumber	Orange Slices

Week C	Item 1		Item 2	Item 3
Monday	Chicken, Cucumber & Soft Cheese Wholemeal Roll (D) (G)	wholemeal flatbread, shredded chicken breast, cucumber, soft cheese	Sweetcorn & Diced Pepper	Diced Apple & Apricot
Tuesday	Soft Flour Wrap (G) with Tuna Mayonnaise (F)	tortilla wrap tuna, vegan mayonnaise	Grated Courgette & Carrot	Greek Style Mango & Pineapple Yoghurt (D)
Wednesday	Broccoli, Feta, Chickpea & Chive Savoury Muffin (D) (E) (G) (PU) (S)	savoury scone/muffin mix, self raising flour, baking powder, feta cheese, broccoli, chives, rapeseed oil, cheddar, chickpeas	Cucumber	Orange Slices
Thursday	Homemade Chicken & Pineapple Wholemeal Pizza (D) (G) (T)	cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, pineapple, shredded chicken breast	Sweetcorn & Grated Carrot	Greek Style Vanilla Yoghurt (D)
Friday	Egg & Creme Fraiche Wholemeal Roll (D) (E) (G)	hard boiled egg, soft cheese, wholemeal flatbread, natural yoghurt	Sliced Peppers	Sliced Melon Medley

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

NURSERY AFTERNOON TEA MENU

Autumn Winter 2026/27

Vegetarian	Vegan	Tomato	Sulphites	Soya	Pulse/Bean	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid/Spice	Celery	Beef
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Week A	Dish	Dietaries													
Monday	Soft Flour Wrap														
	with Cheddar, Feta & Soft Cheese														
	Sweetcorn & Diced Pepper														
	Apricot & Sweet Potato Protein Bar														
Tuesday	Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza														
	Hard Boiled Egg Wedges														
	Sliced Melon Medley														
Wednesday	Egg, Chive & Mayonnaise Wholemeal Roll														
	Sliced Peppers														
	Greek Style Winter Berry Yoghurt														
Thursday	Tuna, Cucumber & Creme Fraiche Flatbread														
	Roast Chicken Slices														
	Orange Slices														
Friday	Mozzarella & Chickpea Pesto Pasta														
	Grated Courgette & Carrot														
	Diced Apricots														

Week B	Dish	Dietaries													
Monday	Mixed Cheese & Carrot Flatbread														
	Cucumber														
	Corn Cake														
	with Mixed Bean Salsa														
Tuesday	Tomato, Pea & Basil Pasta														
	Focaccia Bread Fingers														
	with Houmous														
	Greek Style Cherry Yoghurt														
Wednesday	Tuna, Sweetcorn & Creme Fraiche Wholemeal Roll														
	Sliced Peppers														
	Diced Peaches														
Thursday	Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza														
	Hard Boiled Egg Wedges														
	Sliced Melon Medley														
Friday	Feta, Red Pepper, Sweet Potato & Chickpea Cornbread														
	Cucumber														
	Orange Slices														

Week C	Dish	Dietaries													
Monday	Chicken, Cucumber & Soft Cheese Wholemeal Roll														
	Sweetcorn & Diced Pepper														
	Diced Apple & Apricot														
Tuesday	Soft Flour Wrap														
	with Tuna Mayonnaise														
	Grated Courgette & Carrot														
	Greek Style Mango & Pineapple Yoghurt														
Wednesday	Broccoli, Feta, Chickpea & Chive Savoury Muffin														
	Cucumber														
	Orange Slices														
Thursday	Homemade Chicken & Pineapple Wholemeal Pizza														
	Sweetcorn & Grated Carrot														
	Greek Style Vanilla Yoghurt														
Friday	Egg & Creme Fraiche Wholemeal Roll														
	Sliced Peppers														
	Sliced Melon Medley														

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