

Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken &amp; Pineapple Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, pineapple, cheese	Sweetcorn & Diced Pepper	<b>Banana &amp; Sultana Oaty Cookie (D) (E) (G) (SD)</b>
Tuesday	<b>Tuna &amp; Cream Cheese Flatbread (D) (F) (G)</b>	Tuna, soft cheese, flatbread	Grated Carrot	Melon Slices
Wednesday	<b>Cheddar &amp; Chive Cornbread (D) (E) (G)</b>	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Orange Slices
Thursday	<b>Savoury Mozzarella Cheese &amp; Tomato Pinwheel (D) (G) (T)</b>	Pastry, mozzarella cheese, tomato & mixed herbs	Roast Chicken Slices	Diced Pears
Friday	<b>Corn Cakes with Sundried Tomato Houmous (D) (PU) (SD) (T)</b>	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil & cream cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg, Cheese &amp; Mayonnaise Wholemeal Roll (D) (E) (G)</b>	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	Roast Chicken Slices	Diced Peaches
Wednesday	<b>Mozzarella, Tomato &amp; Feta Scone (D) (G) (T) with Sunflower Spread</b>	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Tuna, Chive &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, chives, creme fraiche, flatbread	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Chicken &amp; Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Three Cheese Dip (D) (PU)</b>	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken, Soft Cheese &amp; Chive Wholemeal Roll (D) (G)</b>	Chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Homemade Turkey Spread White Roll (G) (PU)</b>	Homemade turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Tuna, Sweetcorn &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, sweetcorn, creme fraiche, flatbread	Grated Carrot	Melon Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

# NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																		
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers			●	●			●							●				●	
	Sweetcorn & Diced Pepper			●	●	●		●											●	●
	Banana & Sultana Oaty Cookie			●	●	●		●											●	●
Tuesday	Tuna & Cream Cheese Flatbread				●			●											●	●
	Grated Carrot								●										●	●
	Melon Slices			●															●	●
Wednesday	Cheddar & Chive Cornbread				●	●		●											●	●
	Mediterranean Bean Pasta			●				●							●				●	●
	Orange Slices			●				●											●	●
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel			●	●			●							●				●	
	Roast Chicken Slices			●				●											●	●
	Diced Pears			●															●	●
Friday	Corn Cakes			●	●			●											●	●
	with Sundried Tomato Houmous			●	●			●							●				●	●
	Cucumber Slices			●				●											●	●
	Strawberry Yoghurt			●	●			●											●	●

Menu B	Dish	Dietaries																		
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll				●	●		●											●	●
	Sweetcorn & Diced Cucumber			●				●											●	●
	Apricot Flapjack			●				●											●	●
Tuesday	Soft Flour Tortilla Wrap							●											●	●
	with Grated Cheddar Cheese				●			●											●	●
	Roast Chicken Slices			●				●											●	●
	Diced Peaches			●				●											●	●
Wednesday	Mozzarella, Tomato & Feta Scone			●	●			●							●				●	●
	with Sunflower Spread			●				●											●	●
	Hard Boiled Egg Wedges			●				●											●	●
	Melon Slices			●			●												●	●
Thursday	Tuna, Chive & Creme Fraiche Flatbread				●			●											●	●
	Cucumber Slices			●				●											●	●
	Pear & Apple Yoghurt			●	●			●											●	●
Friday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers			●	●			●							●				●	●
	Grated Courgette & Carrot			●				●											●	●
	Orange Slices			●				●											●	●

Menu C	Dish	Dietaries																		
Monday	Corn Cakes			●	●			●											●	●
	with Three Cheese Dip			●	●			●							●				●	●
	Mediterranean Bean Pasta			●				●							●				●	●
	Apricots & Pears			●				●											●	●
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll				●			●											●	●
	Sweetcorn & Diced Pepper			●				●											●	●
	Apple & Ginger Flapjack			●				●											●	●
Wednesday	Homemade Turkey Spread White Roll							●							●				●	●
	Cucumber Slices			●				●											●	●
	Banana Yoghurt			●	●			●											●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers			●	●			●							●				●	●
	Hard Boiled Egg Wedges			●				●											●	●
	Orange Slices			●			●												●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread				●			●											●	●
	Grated Carrot			●				●											●	●
	Melon Slices			●				●											●	●

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Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Halal Chicken &amp; Pineapple Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, halal chicken, pineapple, cheese	Sweetcorn & Diced Pepper	<b>Banana &amp; Sultana Oaty Cookie (D) (E) (G) (SD)</b>
Tuesday	<b>Tuna &amp; Cream Cheese Flatbread (D) (F) (G)</b>	Tuna, soft cheese, flatbread	Grated Carrot	Melon Slices
Wednesday	<b>Cheddar &amp; Chive Cornbread (D) (E) (G)</b>	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Orange Slices
Thursday	<b>Savoury Mozzarella Cheese &amp; Tomato Pinwheel (D) (G) (T)</b>	Pastry, mozzarella cheese, tomato & mixed herbs	Roast Halal Chicken Slices	Diced Pears
Friday	<b>Corn Cakes with Sundried Tomato Houmous (D) (PU) (SD) (T)</b>	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil & cream cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg, Cheese &amp; Mayonnaise Wholemeal Roll (D) (E) (G)</b>	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	Roast Halal Chicken Slices	Diced Peaches
Wednesday	<b>Mozzarella, Tomato &amp; Feta Scone (D) (G) (T) with Sunflower Spread</b>	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Tuna, Chive &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, chives, creme fraiche, flatbread	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Halal Chicken &amp; Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, halal chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Three Cheese Dip (D) (PU)</b>	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Halal Chicken, Soft Cheese &amp; Chive Wholemeal Roll (D) (G)</b>	Halal chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Homemade Halal Turkey Spread White Roll (G) (PU)</b>	Homemade halal turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Tuna, Sweetcorn &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, sweetcorn, creme fraiche, flatbread	Grated Carrot	Melon Slices

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# HL HALAL NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																				
Monday	Homemade Halal Chicken & Pineapple Wholemeal Pizza Fingers			●	●			●										●			●	●
	Sweetcorn & Diced Pepper			●	●	●		●													●	●
	Banana & Sultana Oaty Cookie			●	●	●		●													●	●
Tuesday	Tuna & Cream Cheese Flatbread				●			●													●	●
	Grated Carrot								●												●	●
	Melon Slices			●																	●	●
Wednesday	Cheddar & Chive Cornbread				●	●															●	●
	Mediterranean Bean Pasta			●				●													●	●
	Orange Slices			●				●													●	●
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel			●	●			●													●	●
	Roast Halal Chicken Slices			●				●													●	●
	Diced Pears			●																	●	●
Friday	Corn Cakes			●	●			●													●	●
	with Sundried Tomato Houmous			●	●			●													●	●
	Cucumber Slices			●				●													●	●
	Strawberry Yoghurt			●	●			●													●	●

Menu B	Dish	Dietaries																				
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll				●	●		●													●	●
	Sweetcorn & Diced Cucumber			●				●													●	●
	Apricot Flapjack			●				●													●	●
Tuesday	Soft Flour Tortilla Wrap							●													●	●
	with Grated Cheddar Cheese							●													●	●
	Roast Halal Chicken Slices			●				●													●	●
	Diced Peaches			●				●													●	●
Wednesday	Mozzarella, Tomato & Feta Scone			●	●			●													●	●
	with Sunflower Spread			●				●													●	●
	Hard Boiled Egg Wedges			●				●													●	●
	Melon Slices			●				●													●	●
Thursday	Tuna, Chive & Creme Fraiche Flatbread				●			●													●	●
	Cucumber Slices			●				●													●	●
	Pear & Apple Yoghurt			●	●			●													●	●
Friday	Homemade Halal Chicken & Roasted Vegetable Wholemeal Pizza Fingers			●	●			●													●	●
	Grated Courgette & Carrot			●				●													●	●
	Orange Slices			●				●													●	●

Menu C	Dish	Dietaries																				
Monday	Corn Cakes			●	●			●													●	●
	with Three Cheese Dip			●	●			●													●	●
	Mediterranean Bean Pasta			●				●													●	●
	Apricots & Pears			●				●													●	●
Tuesday	Halal Chicken, Soft Cheese & Chive Wholemeal Roll				●			●													●	●
	Sweetcorn & Diced Pepper			●				●													●	●
	Apple & Ginger Flapjack			●				●													●	●
Wednesday	Homemade Halal Turkey Spread White Roll							●													●	●
	Cucumber Slices			●				●													●	●
	Banana Yoghurt			●	●			●													●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers			●	●			●													●	●
	Hard Boiled Egg Wedges			●				●													●	●
	Orange Slices			●				●													●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread				●			●													●	●
	Grated Carrot			●				●													●	●
	Melon Slices			●				●													●	●

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Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chickpea &amp; Pineapple Wholemeal Pizza Fingers (D) (G) (PU) (T)</b>	Wholemeal pizza base, pizza sauce, chickpeas, pineapple, cheese	Sweetcorn & Diced Pepper	<b>Banana &amp; Sultana Oaty Cookie (D) (E) (G) (SD)</b>
Tuesday	<b>Pea &amp; Spinach Houmous Flatbread (G) (PU)</b>	Peas, spinach, chickpeas, rapeseed oil, vegetable stock & flatbread	Grated Carrot	Melon Slices
Wednesday	<b>Cheddar &amp; Chive Cornbread (D) (E) (G)</b>	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Orange Slices
Thursday	<b>Savoury Mozzarella Cheese &amp; Tomato Pinwheel (D) (G) (T)</b>	Pastry, mozzarella cheese, tomato & mixed herbs	<b>Quorn Vegan Pieces (G) (PU)</b>	Diced Pears
Friday	<b>Corn Cakes with Sundried Tomato Houmous (D) (PU) (SD) (T)</b>	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil & cream cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg, Cheese &amp; Mayonnaise Wholemeal Roll (D) (E) (G)</b>	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	<b>Quorn Vegan Pieces (G) (PU)</b>	Diced Peaches
Wednesday	<b>Mozzarella, Tomato &amp; Feta Scone (D) (G) (T)</b> with Sunflower Spread	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Pea &amp; Spinach Houmous Flatbread (G) (PU)</b>	Peas, spinach, chickpeas, rapeseed oil, vegetable stock & flatbread	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Chickpea &amp; Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (PU) (T)</b>	Wholemeal pizza base, pizza sauce, chickpeas, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Three Cheese Dip (D) (PU)</b>	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken Style Slice, Soft Cheese &amp; Chive Wholemeal Roll (D) (G) (S)</b>	Chicken style slice, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Pea &amp; Spinach Houmous White Roll (G) (PU)</b>	Peas, spinach, chickpeas, rapeseed oil, vegetable stock & white roll	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Houmous &amp; Sweetcorn Flatbread (G) (PU)</b>	Chickpea houmous, sweetcorn, flatbread	Grated Carrot	Melon Slices

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# V VEGETARIAN NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries															
Monday	Homemade Chickpea & Pineapple Wholemeal Pizza Fingers			●	●			●	●						●	●	●
	Sweetcorn & Diced Pepper			●	●	●		●	●							●	●
	Banana & Sultana Oaty Cookie			●	●	●		●	●							●	●
Tuesday	Pea & Spinach Houmous Flatbread			●				●	●							●	●
	Grated Carrot							●	●							●	●
	Melon Slices							●	●							●	●
Wednesday	Cheddar & Chive Cornbread				●	●		●	●							●	●
	Mediterranean Bean Pasta			●				●	●						●	●	●
	Orange Slices			●				●	●							●	●
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel			●	●			●	●						●	●	●
	Quorn Vegan Pieces			●				●	●							●	●
	Diced Pears			●				●	●							●	●
Friday	Corn Cakes			●	●			●	●							●	●
	with Sundried Tomato Houmous			●	●			●	●						●	●	●
	Cucumber Slices			●	●			●	●							●	●
	Strawberry Yoghurt			●	●			●	●						●	●	

Menu B	Dish	Dietaries															
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll				●	●		●	●							●	●
	Sweetcorn & Diced Cucumber			●				●	●							●	●
	Apricot Flapjack			●				●	●							●	●
Tuesday	Soft Flour Tortilla Wrap							●	●							●	●
	with Grated Cheddar Cheese				●			●	●							●	●
	Quorn Vegan Pieces			●				●	●							●	●
	Diced Peaches			●				●	●						●	●	
Wednesday	Mozzarella, Tomato & Feta Scone			●	●			●	●						●	●	●
	with Sunflower Spread			●				●	●							●	●
	Hard Boiled Egg Wedges			●				●	●							●	●
	Melon Slices			●				●	●						●	●	
Thursday	Pea & Spinach Houmous Flatbread			●				●	●							●	●
	Cucumber Slices							●	●							●	●
	Pear & Apple Yoghurt			●	●			●	●							●	●
Friday	Homemade Chickpea & Roasted Vegetable Wholemeal Pizza Fingers			●	●			●	●						●	●	●
	Grated Courgette & Carrot			●				●	●							●	●
	Orange Slices			●				●	●							●	●

Menu C	Dish	Dietaries															
Monday	Corn Cakes			●	●			●	●							●	●
	with Three Cheese Dip			●	●			●	●							●	●
	Mediterranean Bean Pasta			●				●	●						●	●	●
	Apricots & Pears			●				●	●							●	●
Tuesday	Chicken Style Slice, Soft Cheese & Chive Wholemeal Roll				●			●	●							●	●
	Sweetcorn & Diced Pepper			●				●	●							●	●
	Apple & Ginger Flapjack			●				●	●							●	●
Wednesday	Pea & Spinach Houmous White Roll							●	●							●	●
	Cucumber Slices							●	●							●	●
	Banana Yoghurt			●	●			●	●							●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers			●	●			●	●						●	●	●
	Hard Boiled Egg Wedges			●				●	●							●	●
	Orange Slices			●				●	●							●	●
Friday	Houmous & Sweetcorn Flatbread							●	●							●	●
	Grated Carrot							●	●							●	●
	Melon Slices			●				●	●							●	●

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Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chickpea &amp; Pineapple Dairy Free Wholemeal Pizza Fingers (G) (PU) (T)</b>	Wholemeal pizza base, pizza sauce, chickpeas, pineapple, dairy free cheese	Sweetcorn & Diced Pepper	Plain Flapjack (Gluten Free)
Tuesday	<b>Pea &amp; Spinach Houmous Flatbread (G) (PU)</b>	Peas, spinach, chickpeas, rapeseed oil, vegetable stock & flatbread	Grated Carrot	Melon Slices
Wednesday	Gluten, Egg & Dairy Free Cornbread	Gluten, egg & dairy free muffin mix, flour, baking powder, water, rapeseed oil & sweetcorn puree	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Orange Slices
Thursday	<b>Savoury Dairy Free Cheese &amp; Tomato Pinwheel (G) (T)</b>	Pastry, dairy free cheese, tomato, mixed herbs	<b>Quorn Vegan Pieces (G) (PU)</b>	Diced Pears
Friday	Corn Cakes with Sundried Tomato Houmous (Dairy Free) (PU) (SD) (T)	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil	Cucumber Slices	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Dairy Free Cheese &amp; Vegan Mayonnaise Wholemeal Roll (G)</b>	Dairy free cheese, vegan mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G)</b> with Grated Dairy Free Cheese	Wheat tortilla wrap Dairy free cheese	<b>Quorn Vegan Pieces (G) (PU)</b>	Diced Peaches
Wednesday	Gluten Free Dairy Free Cheese Scone with Sunflower Spread	Gluten & dairy free scone mix, dairy free cheese Sunflower spread	Pepper Batons	Melon Slices
Thursday	<b>Pea &amp; Spinach Houmous Flatbread (G) (PU)</b>	Peas, spinach, chickpeas, rapeseed oil, vegetable stock & flatbread	Cucumber Slices	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)
Friday	<b>Homemade Chickpea &amp; Roasted Vegetable Wholemeal Pizza Fingers (Dairy Free) (G) (PU) (T)</b>	Wholemeal pizza base, pizza sauce, chickpeas, dairy free cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	Corn Cakes with Dairy Free Soft Cheese	Corn Cakes Dairy free soft cheese	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken Style Slice, Dairy Free Soft Cheese &amp; Chive Wholemeal Roll (G) (S)</b>	Chicken style slice, dairy free soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Pea &amp; Spinach Houmous White Roll (G) (PU)</b>	Peas, spinach, chickpeas, rapeseed oil, vegetable stock & white roll	Cucumber Slices	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (Dairy Free) (G) (T)</b>	Wholemeal pizza base, pizza sauce, dairy free cheese and herbs	Pepper Batons	Orange Slices
Friday	<b>Houmous &amp; Sweetcorn Flatbread (G) (PU)</b>	Chickpea houmous, sweetcorn, flatbread	Grated Carrot	Melon Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

# VA VEGAN NURSERY AFTERNOON Tea Menu

Autumn Winter 2024/25

VA Vegan
V Vegetarian
T Tomato
SD Sulphites
S Soya
PU Pulse/Bean
P Pork
HL Halal
G Gluten
F Fish
E Egg
D Dairy
CA Citric Acid/Spice
C Celery
B Beef

Menu A	Dish	Dietaries															
Monday	Homemade Chickpea & Pineapple Dairy Free Wholemeal Pizza Fingers			●				●	●			●	●			●	●
	Sweetcorn & Diced Pepper															●	●
	Plain Flapjack (Gluten Free)								●	●						●	●
Tuesday	Pea & Spinach Houmous Flatbread							●	●			●				●	●
	Grated Carrot															●	●
	Melon Slices			●												●	●
Wednesday	Gluten, Egg & Dairy Free Cornbread									●						●	●
	Mediterranean Bean Pasta			●							●					●	●
	Orange Slices			●												●	●
Thursday	Savoury Dairy Free Cheese & Tomato Pinwheel			●				●	●							●	●
	Quorn Vegan Pieces			●							●					●	●
	Diced Pears			●					●	●						●	●
Friday	Corn Cakes									●						●	●
	with Sundried Tomato Houmous (Dairy Free)			●								●				●	●
	Cucumber Slices															●	●
	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)			●						●						●	●

Menu B	Dish	Dietaries																
Monday	Dairy Free Cheese & Vegan Mayonnaise Wholemeal Roll									●	●						●	●
	Sweetcorn & Diced Cucumber															●	●	
	Apricot Flapjack			●						●	●			●		●	●	
Tuesday	Soft Flour Tortilla Wrap									●						●	●	
	with Grated Dairy Free Cheese															●	●	
	Quorn Vegan Pieces			●								●				●	●	
Wednesday	Diced Peaches															●	●	
	Gluten Free Dairy Free Cheese Scone									●						●	●	
	with Sunflower Spread															●	●	
Thursday	Pepper Batons															●	●	
	Melon Slices			●												●	●	
	Pea & Spinach Houmous Flatbread									●						●	●	
Friday	Cucumber Slices											●				●	●	
	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)			●												●	●	
	Homemade Chickpea & Roasted Vegetable Wholemeal Pizza Fingers (Dairy Free)			●						●				●		●	●	
	Grated Courgette & Carrot															●	●	
	Orange Slices			●												●	●	

Menu C	Dish	Dietaries															
Monday	Corn Cakes															●	●
	with Dairy Free Soft Cheese															●	●
	Mediterranean Bean Pasta			●						●				●		●	●
Tuesday	Apricots & Pears			●												●	●
	Chicken Style Slice, Dairy Free Soft Cheese & Chive Wholemeal Roll									●			●			●	●
	Sweetcorn & Diced Pepper															●	●
Wednesday	Apple & Ginger Flapjack			●												●	●
	Pea & Spinach Houmous White Roll									●						●	●
	Cucumber Slices															●	●
Thursday	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)			●												●	●
	Homemade Margarita Wholemeal Pizza Fingers (Dairy Free)			●						●				●		●	●
	Pepper Batons															●	●
Friday	Orange Slices			●												●	●
	Houmous & Sweetcorn Flatbread									●						●	●
	Grated Carrot															●	●
	Melon Slices			●											●	●	

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Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken &amp; Pineapple Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, pineapple, cheese	Sweetcorn & Diced Pepper	<b>Banana &amp; Sultana Oaty Cookie (D) (E) (G) (SD)</b>
Tuesday	<b>Pea &amp; Spinach Houmous Flatbread (G) (PU)</b>	Peas, spinach, chickpeas, rapeseed oil, vegetable stock & flatbread	Grated Carrot	Melon Slices
Wednesday	<b>Cheddar &amp; Chive Cornbread (D) (E) (G)</b>	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Orange Slices
Thursday	<b>Savoury Mozzarella Cheese &amp; Tomato Pinwheel (D) (G) (T)</b>	Pastry, mozzarella cheese, tomato & mixed herbs	Roast Chicken Slices	Diced Pears
Friday	<b>Corn Cakes with Sundried Tomato Houmous (D) (PU) (SD) (T)</b>	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil & cream cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg, Cheese &amp; Mayonnaise Wholemeal Roll (D) (E) (G)</b>	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	Roast Chicken Slices	Diced Peaches
Wednesday	<b>Mozzarella, Tomato &amp; Feta Scone (D) (G) (T)</b> with Sunflower Spread	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Pea &amp; Spinach Houmous Flatbread (G) (PU)</b>	Peas, spinach, chickpeas, rapeseed oil, vegetable stock & flatbread	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Chicken &amp; Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Three Cheese Dip (D) (PU)</b>	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken, Soft Cheese &amp; Chive Wholemeal Roll (D) (G)</b>	Chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Homemade Turkey Spread White Roll (G) (PU)</b>	Homemade turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Houmous &amp; Sweetcorn Flatbread (G) (PU)</b>	Chickpea houmous, sweetcorn, flatbread	Grated Carrot	Melon Slices

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PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# F FISH FREE NURSERY AFTERNOON Tea MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																	
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers			●	●			●							●			●	
	Sweetcorn & Diced Pepper			●	●	●		●									●	●	●
	Banana & Sultana Oaty Cookie			●	●	●		●										●	●
Tuesday	Pea & Spinach Houmous Flatbread							●										●	●
	Grated Carrot																	●	●
	Melon Slices			●														●	●
Wednesday	Cheddar & Chive Cornbread				●	●		●										●	●
	Mediterranean Bean Pasta			●				●										●	●
	Orange Slices			●				●										●	●
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel			●	●			●										●	●
	Roast Chicken Slices			●				●										●	●
	Diced Pears			●														●	●
Friday	Corn Cakes			●	●			●										●	●
	with Sundried Tomato Houmous			●	●			●										●	●
	Cucumber Slices			●				●										●	●
	Strawberry Yoghurt			●	●			●										●	●

Menu B	Dish	Dietaries																	
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll				●	●		●										●	●
	Sweetcorn & Diced Cucumber			●				●										●	●
	Apricot Flapjack			●				●										●	●
Tuesday	Soft Flour Tortilla Wrap							●										●	●
	with Grated Cheddar Cheese				●			●										●	●
	Roast Chicken Slices			●				●										●	●
	Diced Peaches			●				●										●	●
Wednesday	Mozzarella, Tomato & Feta Scone			●	●			●										●	●
	with Sunflower Spread			●				●										●	●
	Hard Boiled Egg Wedges			●				●										●	●
	Melon Slices			●				●										●	●
Thursday	Pea & Spinach Houmous Flatbread							●										●	●
	Cucumber Slices							●										●	●
	Pear & Apple Yoghurt			●	●			●										●	●
Friday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers			●	●			●										●	●
	Grated Courgette & Carrot			●				●										●	●
	Orange Slices			●				●										●	●

Menu C	Dish	Dietaries																	
Monday	Corn Cakes			●	●			●										●	●
	with Three Cheese Dip			●	●			●										●	●
	Mediterranean Bean Pasta			●				●										●	●
	Apricots & Pears			●				●										●	●
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll				●			●										●	●
	Sweetcorn & Diced Pepper			●				●										●	●
	Apple & Ginger Flapjack			●				●										●	●
Wednesday	Homemade Turkey Spread White Roll							●										●	●
	Cucumber Slices							●										●	●
	Banana Yoghurt			●	●			●										●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers			●	●			●										●	●
	Hard Boiled Egg Wedges			●				●										●	●
	Orange Slices			●				●										●	●
Friday	Houmous & Sweetcorn Flatbread							●										●	●
	Grated Carrot							●										●	●
	Melon Slices			●				●										●	●

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Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken &amp; Pineapple Wholemeal Pizza Fingers (Dairy Free)</b> (G) (T)	Wholemeal pizza base, pizza sauce, chicken, pineapple, dairy free cheese	Sweetcorn & Diced Pepper	Plain Flapjack (Gluten Free)
Tuesday	<b>Tuna &amp; Vegan Mayonnaise Flatbread (F) (G)</b>	Tuna, egg free mayonnaise, flatbread	Grated Carrot	Melon Slices
Wednesday	Gluten, Egg & Dairy Free Cornbread	Gluten, egg & dairy free muffin mix, flour, baking powder, water, rapeseed oil & sweetcorn puree	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Orange Slices
Thursday	<b>Savoury Dairy Free Cheese &amp; Tomato Pinwheel (G) (T)</b>	Pastry, dairy free cheese, tomato, mixed herbs	Roast Chicken Slices	Diced Pears
Friday	Corn Cakes with <b>Sundried Tomato Houmous (Dairy Free) (PU) (SD) (T)</b>	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil	Cucumber Slices	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg Mayonnaise Wholemeal Roll (E) (G)</b>	Egg, mayonnaise, wholemeal bread roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G)</b> with Grated Dairy Free Cheese	Wheat tortilla wrap Dairy free cheese	Roast Chicken Slices	Diced Peaches
Wednesday	Gluten Free Dairy Free Cheese Scone with Sunflower Spread	Gluten & dairy free scone mix, dairy free cheese Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Tuna, Chive &amp; Vegan Mayonnaise Flatbread (Dairy Free) (F) (G)</b>	Tuna, chives, vegan mayonnaise, flatbread	Cucumber Slices	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)
Friday	<b>Homemade Chicken &amp; Roasted Vegetable Wholemeal Pizza Fingers (Dairy Free) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, dairy free cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	Corn Cakes with Dairy Free Soft Cheese	Corn Cakes Dairy free soft cheese	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken, Dairy Free Soft Cheese &amp; Chive Wholemeal Roll (G)</b>	Chicken breast, dairy free soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Homemade Turkey Spread White Roll (G) (PU)</b>	Homemade turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (Dairy Free) (G) (T)</b>	Wholemeal pizza base, pizza sauce, dairy free cheese and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Tuna, Sweetcorn &amp; Vegan Mayonnaise Flatbread (F) (G) (PU)</b>	Tuna, sweetcorn, egg free mayonnaise, flatbread	Grated Carrot	Melon Slices

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PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# D DAIRY FREE NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																						
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers (Dairy Free)																							
	Sweetcorn & Diced Pepper																							
	Plain Flapjack (Gluten Free)																							
Tuesday	Tuna & Vegan Mayonnaise Flatbread																							
	Grated Carrot																							
	Melon Slices																							
Wednesday	Gluten, Egg & Dairy Free Cornbread																							
	Mediterranean Bean Pasta																							
	Orange Slices																							
Thursday	Savoury Dairy Free Cheese & Tomato Pinwheel																							
	Roast Chicken Slices																							
	Diced Pears																							
Friday	Corn Cakes																							
	with Sundried Tomato Houmous (Dairy Free)																							
	Cucumber Slices																							
	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)																							

Menu B	Dish	Dietaries																						
Monday	Egg Mayonnaise Wholemeal Roll																							
	Sweetcorn & Diced Cucumber																							
	Apricot Flapjack																							
Tuesday	Soft Flour Tortilla Wrap																							
	with Grated Dairy Free Cheese																							
	Roast Chicken Slices																							
Wednesday	Diced Peaches																							
	Gluten Free Dairy Free Cheese Scone																							
	with Sunflower Spread																							
Thursday	Hard Boiled Egg Wedges																							
	Melon Slices																							
	Tuna, Chive & Vegan Mayonnaise Flatbread (Dairy Free)																							
Friday	Cucumber Slices																							
	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)																							
	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers (Dairy Free)																							
	Grated Courgette & Carrot																							
	Orange Slices																							

Menu C	Dish	Dietaries																						
Monday	Corn Cakes																							
	with Dairy Free Soft Cheese																							
	Mediterranean Bean Pasta																							
Tuesday	Apricots & Pears																							
	Chicken, Dairy Free Soft Cheese & Chive Wholemeal Roll																							
	Sweetcorn & Diced Pepper																							
Wednesday	Apple & Ginger Flapjack																							
	Homemade Turkey Spread White Roll																							
	Cucumber Slices																							
Thursday	Coconut Dessert Pot (Strawberry, Banana, Cherry or Apricot)																							
	Homemade Margarita Wholemeal Pizza Fingers (Dairy Free)																							
	Hard Boiled Egg Wedges																							
Friday	Orange Slices																							
	Tuna, Sweetcorn & Vegan Mayonnaise Flatbread																							
	Grated Carrot																							
	Melon Slices																							

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Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken &amp; Pineapple Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, pineapple, cheese	Sweetcorn & Diced Pepper	Plain Flapjack (Gluten Free)
Tuesday	<b>Tuna &amp; Cream Cheese Flatbread (D) (F) (G)</b>	Tuna, soft cheese, flatbread	Grated Carrot	Melon Slices
Wednesday	Gluten, Egg & Dairy Free Cornbread	Gluten, egg & dairy free muffin mix, flour, baking powder, water, rapeseed oil & sweetcorn puree	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Orange Slices
Thursday	<b>Savoury Mozzarella Cheese &amp; Tomato Pinwheel (D) (G) (T)</b>	Pastry, mozzarella cheese, tomato & mixed herbs	Roast Chicken Slices	Diced Pears
Friday	Corn Cakes with <b>Sundried Tomato Houmous (D) (PU) (SD) (T)</b>	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil & cream cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Grated Cheese &amp; Vegan Mayonnaise Wholemeal Roll (D) (G)</b>	Grated cheese, vegan mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	Roast Chicken Slices	Diced Peaches
Wednesday	<b>Mozzarella, Tomato &amp; Feta Scone (D) (G) (T)</b> with Sunflower Spread	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	Pepper Batons	Melon Slices
Thursday	<b>Tuna, Chive &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, chives, creme fraiche, flatbread	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Chicken &amp; Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	Corn Cakes with <b>Three Cheese Dip (D) (PU)</b>	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken, Soft Cheese &amp; Chive Wholemeal Roll (D) (G)</b>	Chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Homemade Turkey Spread White Roll (G) (PU)</b>	Homemade turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	Pepper Batons	Orange Slices
Friday	<b>Tuna, Sweetcorn &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, sweetcorn, creme fraiche, flatbread	Grated Carrot	Melon Slices

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 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# E EGG FREE NURSERY AFTERNOON Tea MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																	
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers			●	●			●							●			●	●
	Sweetcorn & Diced Pepper																	●	●
	Plain Flapjack (Gluten Free)																	●	●
Tuesday	Tuna & Cream Cheese Flatbread				●			●										●	●
	Grated Carrot								●									●	●
	Melon Slices			●														●	●
Wednesday	Gluten, Egg & Dairy Free Cornbread																	●	●
	Mediterranean Bean Pasta			●				●										●	●
	Orange Slices			●														●	●
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel			●	●			●										●	●
	Roast Chicken Slices																	●	●
	Diced Pears			●														●	●
Friday	Corn Cakes																	●	●
	with Sundried Tomato Houmous			●	●													●	●
	Cucumber Slices																	●	●
	Strawberry Yoghurt			●	●													●	●

Menu B	Dish	Dietaries																	
Monday	Grated Cheese & Vegan Mayonnaise Wholemeal Roll				●			●										●	●
	Sweetcorn & Diced Cucumber																	●	●
	Apricot Flapjack			●				●										●	●
Tuesday	Soft Flour Tortilla Wrap							●										●	●
	with Grated Cheddar Cheese				●													●	●
	Roast Chicken Slices																	●	●
	Diced Peaches			●														●	●
Wednesday	Mozzarella, Tomato & Feta Scone			●	●			●										●	●
	with Sunflower Spread																	●	●
	Pepper Batons																	●	●
	Melon Slices			●														●	●
Thursday	Tuna, Chive & Creme Fraiche Flatbread				●			●										●	●
	Cucumber Slices																	●	●
	Pear & Apple Yoghurt			●	●													●	●
Friday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers			●	●			●										●	●
	Grated Courgette & Carrot																	●	●
	Orange Slices			●														●	●

Menu C	Dish	Dietaries																	
Monday	Corn Cakes																	●	●
	with Three Cheese Dip																	●	●
	Mediterranean Bean Pasta			●	●			●										●	●
	Apricots & Pears			●														●	●
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll				●			●										●	●
	Sweetcorn & Diced Pepper																	●	●
	Apple & Ginger Flapjack			●				●										●	●
Wednesday	Homemade Turkey Spread White Roll							●										●	●
	Cucumber Slices																	●	●
	Banana Yoghurt			●	●													●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers			●	●			●										●	●
	Pepper Batons																	●	●
	Orange Slices			●														●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread				●			●										●	●
	Grated Carrot								●									●	●
	Melon Slices			●														●	●

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken &amp; Pineapple Gluten Free Pizza Fingers (D) (T)</b>	Gluten free pizza base, pizza sauce, chicken, pineapple, cheese	Sweetcorn & Diced Pepper	Plain Flapjack (Gluten Free)
Tuesday	<b>Tuna &amp; Cream Cheese Gluten Free Roll (D) (F) (PU)</b>	Tuna, soft cheese, gluten free roll	Grated Carrot	Melon Slices
Wednesday	Gluten, Egg & Dairy Free Cornbread	Gluten, egg & dairy free muffin mix, flour, baking powder, water, rapeseed oil & sweetcorn puree	<b>Mediterranean Bean Gluten Free Pasta (PU) (T)</b>	Orange Slices
Thursday	<b>Cheese &amp; Tomato Gluten Free Roll (D) (PU) (T)</b>	Gluten free roll, cheese & tomato	Roast Chicken Slices	Diced Pears
Friday	<b>Corn Cakes with Sundried Tomato Houmous (D) (PU) (SD) (T)</b>	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil & cream cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Grated Cheese, Egg &amp; Mayonnaise Gluten Free Roll (D) (E) (PU)</b>	Grated cheese, hardboiled egg, mayonnaise, dairy free spread, gluten free roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (Gluten Free) (SD)</b>
Tuesday	Gluten Free Tortilla Wrap with Grated Cheddar Cheese (D)	Gluten free wrap Cheddar cheese	Roast Chicken Slices	Diced Peaches
Wednesday	Gluten Free Dairy Free Cheese Scone with Sunflower Spread	Gluten & dairy free scone mix, dairy free cheese Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Tuna, Chive &amp; Creme Fraiche Gluten Free Roll (D) (F) (PU)</b>	Tuna, chives, creme fraiche, gluten free roll	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Chicken &amp; Roasted Vegetable Pizza Fingers (Gluten Free) (D) (T)</b>	Gluten free pizza base, pizza sauce, chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Three Cheese Dip (D) (PU)</b>	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	<b>Mediterranean Bean Gluten Free Pasta (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken, Soft Cheese &amp; Chive Gluten Free Roll (D) (PU)</b>	Chicken breast, soft cheese, chives, gluten free roll	Sweetcorn & Diced Pepper	Apple & Ginger Flapjack (Gluten Free)
Wednesday	<b>Homemade Turkey Spread Gluten Free Roll (PU)</b>	Homemade turkey spread (turkey breast & dairy free spread), gluten free roll	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (Gluten Free) (D) (T)</b>	Gluten free pizza base, pizza sauce, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Tuna, Sweetcorn &amp; Creme Fraiche Gluten Free Roll (D) (F) (PU)</b>	Tuna, sweetcorn, creme fraiche, gluten free roll	Grated Carrot	Melon Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# G GLUTEN FREE NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																
Monday	Homemade Chicken & Pineapple Gluten Free Pizza Fingers			●	●										●		●	●
	Sweetcorn & Diced Pepper																●	●
	Plain Flapjack (Gluten Free)																●	●
Tuesday	Tuna & Cream Cheese Gluten Free Roll				●												●	●
	Grated Carrot								●								●	●
	Melon Slices			●													●	●
Wednesday	Gluten, Egg & Dairy Free Cornbread																●	●
	Mediterranean Bean Gluten Free Pasta			●													●	●
	Orange Slices			●													●	●
Thursday	Cheese & Tomato Gluten Free Roll			●	●												●	●
	Roast Chicken Slices																●	●
	Diced Pears			●													●	●
Friday	Corn Cakes																●	●
	with Sundried Tomato Houmous			●	●												●	●
	Cucumber Slices																●	●
	Strawberry Yoghurt			●	●												●	●

Menu B	Dish	Dietaries																
Monday	Grated Cheese, Egg & Mayonnaise Gluten Free Roll				●	●											●	●
	Sweetcorn & Diced Cucumber																●	●
	Apricot Flapjack (Gluten Free)			●													●	●
Tuesday	Gluten Free Tortilla Wrap																●	●
	with Grated Cheddar Cheese																●	●
	Roast Chicken Slices			●													●	●
	Diced Peaches																●	●
Wednesday	Gluten Free Dairy Free Cheese Scone																●	●
	with Sunflower Spread																●	●
	Hard Boiled Egg Wedges																●	●
	Melon Slices			●													●	●
Thursday	Tuna, Chive & Creme Fraiche Gluten Free Roll				●												●	●
	Cucumber Slices																●	●
	Pear & Apple Yoghurt			●	●												●	●
Friday	Homemade Chicken & Roasted Vegetable Pizza Fingers (Gluten Free)			●	●												●	●
	Grated Courgette & Carrot																●	●
	Orange Slices			●													●	●

Menu C	Dish	Dietaries																
Monday	Corn Cakes																●	●
	with Three Cheese Dip																●	●
	Mediterranean Bean Gluten Free Pasta			●													●	●
	Apricots & Pears			●													●	●
Tuesday	Chicken, Soft Cheese & Chive Gluten Free Roll				●												●	●
	Sweetcorn & Diced Pepper																●	●
	Apple & Ginger Flapjack (Gluten Free)			●													●	●
Wednesday	Homemade Turkey Spread Gluten Free Roll																●	●
	Cucumber Slices																●	●
	Banana Yoghurt			●	●												●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers (Gluten Free)			●	●												●	●
	Hard Boiled Egg Wedges																●	●
	Orange Slices			●													●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Gluten Free Roll				●												●	●
	Grated Carrot																●	●
	Melon Slices			●													●	●

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Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken &amp; Pineapple Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, pineapple, cheese	Sweetcorn & Diced Pepper	<b>Banana &amp; Sultana Oaty Cookie (D) (E) (G) (SD)</b>
Tuesday	<b>Tuna &amp; Cream Cheese Flatbread (D) (F) (G)</b>	Tuna, soft cheese, flatbread	Grated Carrot	Melon Slices
Wednesday	<b>Cheddar &amp; Chive Cornbread (D) (E) (G)</b>	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	<b>Mediterranean Pasta (Pulse Free) (G) (T)</b>	Orange Slices
Thursday	<b>Savoury Mozzarella Cheese &amp; Tomato Pinwheel (D) (G) (T)</b>	Pastry, mozzarella cheese, tomato & mixed herbs	Roast Chicken Slices	Diced Pears
Friday	<b>Corn Cakes with Soft Cheese (D)</b>	Corn Cakes Soft cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg, Cheese &amp; Mayonnaise Wholemeal Roll (D) (E) (G)</b>	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	Roast Chicken Slices	Diced Peaches
Wednesday	<b>Mozzarella, Tomato &amp; Feta Scone (D) (G) (T)</b> with Sunflower Spread	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Tuna, Chive &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, chives, creme fraiche, flatbread	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Chicken &amp; Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Soft Cheese (D)</b>	Corn Cakes Soft cheese	<b>Mediterranean Pasta (Pulse Free) (G) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken, Soft Cheese &amp; Chive Wholemeal Roll (D) (G)</b>	Chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Chicken White Roll (G)</b>	Chicken, flatbread, dairy free spread	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Tuna, Sweetcorn &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, sweetcorn, creme fraiche, flatbread	Grated Carrot	Melon Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# PU PULSE & Bean FREE NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers			●	●			●							●		●	●
	Sweetcorn & Diced Pepper																	
	Banana & Sultana Oaty Cookie			●	●	●		●							●		●	●
Tuesday	Tuna & Cream Cheese Flatbread				●			●									●	●
	Grated Carrot								●								●	●
	Melon Slices			●													●	●
Wednesday	Cheddar & Chive Cornbread				●	●											●	●
	Mediterranean Pasta (Pulse Free)			●				●							●		●	●
	Orange Slices			●													●	●
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel			●	●			●							●		●	●
	Roast Chicken Slices																●	●
	Diced Pears			●													●	●
Friday	Corn Cakes				●												●	●
	with Soft Cheese																●	●
	Cucumber Slices																●	●
	Strawberry Yoghurt			●	●											●	●	

Menu B	Dish	Dietaries																
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll				●	●		●									●	●
	Sweetcorn & Diced Cucumber																●	●
	Apricot Flapjack			●				●								●		●
Tuesday	Soft Flour Tortilla Wrap							●									●	●
	with Grated Cheddar Cheese				●												●	●
	Roast Chicken Slices																●	●
	Diced Peaches			●													●	●
Wednesday	Mozzarella, Tomato & Feta Scone			●	●			●							●		●	●
	with Sunflower Spread																●	●
	Hard Boiled Egg Wedges																●	●
	Melon Slices			●			●										●	●
Thursday	Tuna, Chive & Creme Fraiche Flatbread				●			●									●	●
	Cucumber Slices																●	●
	Pear & Apple Yoghurt			●	●												●	●
Friday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers			●	●			●							●		●	●
	Grated Courgette & Carrot																●	●
	Orange Slices			●													●	●

Menu C	Dish	Dietaries																
Monday	Corn Cakes				●												●	●
	with Soft Cheese																●	●
	Mediterranean Pasta (Pulse Free)			●				●							●		●	●
	Apricots & Pears			●													●	●
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll				●			●									●	●
	Sweetcorn & Diced Pepper																●	●
	Apple & Ginger Flapjack			●				●									●	●
Wednesday	Chicken White Roll							●									●	●
	Cucumber Slices																●	●
	Banana Yoghurt			●	●												●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers			●	●			●							●		●	●
	Hard Boiled Egg Wedges																●	●
	Orange Slices			●			●										●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread				●			●									●	●
	Grated Carrot								●								●	●
	Melon Slices			●													●	●

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Menu A	Item 1	Item 2	Item 3	
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers (D) (G) (T)	Wholemeal pizza base, pizza sauce, chicken, pineapple, cheese	Sweetcorn & Diced Pepper	Banana & Sultana Oaty Cookie (D) (E) (G) (SD)
Tuesday	Tuna & Cream Cheese Flatbread (D) (F) (G)	Tuna, soft cheese, flatbread	Grated Carrot	Melon Slices
Wednesday	Cheddar & Chive Cornbread (D) (E) (G)	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	Mediterranean Bean Pasta (G) (PU) (T)	Orange Slices
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel (D) (G) (T)	Pastry, mozzarella cheese, tomato & mixed herbs	Roast Chicken Slices	Diced Pears
Friday	Corn Cakes with Sundried Tomato Houmous (D) (PU) (SD) (T)	Corn cakes Sundried tomatoes, chickpeas, tomato, oregano, basil, pepper, garlic, lemon juice, rapeseed oil & cream cheese	Cucumber Slices	Strawberry Yoghurt (D)

Menu B	Item 1	Item 2	Item 3	
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll (D) (E) (G)	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	Apricot Flapjack (G) (SD)
Tuesday	Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)	Wheat tortilla wrap Cheddar cheese	Roast Chicken Slices	Diced Peaches
Wednesday	Mozzarella, Tomato & Feta Scone (D) (G) (T) with Sunflower Spread	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	Hard Boiled Egg Wedges (E)	Melon Slices
Thursday	Tuna, Chive & Creme Fraiche Flatbread (D) (F) (G)	Tuna, chives, creme fraiche, flatbread	Cucumber Slices	Pear & Apple Yoghurt (D)
Friday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)	Wholemeal pizza base, pizza sauce, chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	Corn Cakes with Three Cheese Dip (D) (PU)	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	Mediterranean Bean Pasta (G) (PU) (T)	Apricots & Pears
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll (D) (G)	Chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	Apple & Ginger Flapjack (G)
Wednesday	Homemade Turkey Spread White Roll (G) (PU)	Homemade turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	Banana Yoghurt (D)
Thursday	Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	Hard Boiled Egg Wedges (E)	Orange Slices
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread (D) (F) (G)	Tuna, sweetcorn, creme fraiche, flatbread	Grated Carrot	Melon Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# SOYA FREE NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																	
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers			●	●			●							●			●	
	Sweetcorn & Diced Pepper																		
	Banana & Sultana Oaty Cookie			●	●	●											●	●	●
Tuesday	Tuna & Cream Cheese Flatbread				●			●										●	●
	Grated Carrot								●										
	Melon Slices			●														●	●
Wednesday	Cheddar & Chive Cornbread				●	●												●	●
	Mediterranean Bean Pasta			●				●										●	●
	Orange Slices			●														●	●
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel			●	●			●										●	●
	Roast Chicken Slices																		
	Diced Pears			●														●	●
Friday	Corn Cakes				●													●	●
	with Sundried Tomato Houmous			●	●													●	●
	Cucumber Slices																	●	●
	Strawberry Yoghurt			●	●													●	●

Menu B	Dish	Dietaries																	
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll				●	●		●										●	●
	Sweetcorn & Diced Cucumber																		
	Apricot Flapjack			●				●										●	●
Tuesday	Soft Flour Tortilla Wrap							●										●	●
	with Grated Cheddar Cheese				●													●	●
	Roast Chicken Slices																	●	●
	Diced Peaches			●														●	●
Wednesday	Mozzarella, Tomato & Feta Scone			●	●			●										●	●
	with Sunflower Spread																	●	●
	Hard Boiled Egg Wedges																	●	●
	Melon Slices			●			●											●	●
Thursday	Tuna, Chive & Creme Fraiche Flatbread				●				●									●	●
	Cucumber Slices																	●	●
	Pear & Apple Yoghurt			●	●													●	●
Friday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers			●	●			●										●	●
	Grated Courgette & Carrot																	●	●
	Orange Slices			●														●	●

Menu C	Dish	Dietaries																	
Monday	Corn Cakes				●													●	●
	with Three Cheese Dip																	●	●
	Mediterranean Bean Pasta			●				●										●	●
	Apricots & Pears			●														●	●
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll				●			●										●	●
	Sweetcorn & Diced Pepper																	●	●
	Apple & Ginger Flapjack			●				●										●	●
Wednesday	Homemade Turkey Spread White Roll							●										●	●
	Cucumber Slices																	●	●
	Banana Yoghurt			●	●													●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers			●	●			●										●	●
	Hard Boiled Egg Wedges																	●	●
	Orange Slices			●			●											●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread				●			●										●	●
	Grated Carrot								●									●	●
	Melon Slices			●														●	●

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken &amp; Pineapple Wholemeal Pizza Fingers (Tomato Free) (D) (G)</b>	Wholemeal pizza base, chicken, pineapple, cheese	Sweetcorn & Diced Pepper	<b>Banana &amp; Sultana Oaty Cookie (D) (E) (G) (SD)</b>
Tuesday	<b>Tuna &amp; Cream Cheese Flatbread (D) (F) (G)</b>	Tuna, soft cheese, flatbread	Grated Carrot	Melon Slices
Wednesday	<b>Cheddar &amp; Chive Cornbread (D) (E) (G)</b>	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	<b>Mediterranean Bean Pasta (Tomato Free) (G) (PU)</b>	Orange Slices
Thursday	<b>Cheese &amp; Bechamel Pinwheel (D) (G) (PU)</b>	Puff pastry, cheese, basil, bechamel (contains coconut)	Roast Chicken Slices	Diced Pears
Friday	<b>Corn Cakes with Soft Cheese (D)</b>	Corn Cakes Soft cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg, Cheese &amp; Mayonnaise Wholemeal Roll (D) (E) (G)</b>	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	<b>Apricot Flapjack (G) (SD)</b>
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	Roast Chicken Slices	Diced Peaches
Wednesday	<b>Gluten Free Dairy Free Cheese Scone with Sunflower Spread</b>	Gluten & dairy free scone mix, dairy free cheese Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Tuna, Chive &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, chives, creme fraiche, flatbread	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Chicken &amp; Roasted Vegetable Wholemeal Pizza Fingers (Tomato Free) (D) (G)</b>	Wholemeal pizza base, chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Three Cheese Dip (D) (PU)</b>	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	<b>Mediterranean Bean Pasta (Tomato Free) (G) (PU)</b>	Apricots & Pears
Tuesday	<b>Chicken, Soft Cheese &amp; Chive Wholemeal Roll (D) (G)</b>	Chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Homemade Turkey Spread White Roll (G) (PU)</b>	Homemade turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (Tomato Free) (D) (G)</b>	Wholemeal pizza base, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Tuna, Sweetcorn &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, sweetcorn, creme fraiche, flatbread	Grated Carrot	Melon Slices

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# TOMATO FREE NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries													
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers (Tomato Free)			●	●			●							
	Sweetcorn & Diced Pepper														
	Banana & Sultana Oaty Cookie			●	●	●		●	●				●		
Tuesday	Tuna & Cream Cheese Flatbread				●			●	●						
	Grated Carrot								●						
	Melon Slices			●										●	●
Wednesday	Cheddar & Chive Cornbread				●	●		●	●						
	Mediterranean Bean Pasta (Tomato Free)							●	●						
	Orange Slices			●										●	●
Thursday	Cheese & Bechamel Pinwheel				●			●	●						
	Roast Chicken Slices														
	Diced Pears			●										●	●
Friday	Corn Cakes with Soft Cheese				●										
	Cucumber Slices													●	●
	Strawberry Yoghurt			●	●									●	●

Menu B	Dish	Dietaries													
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll				●	●		●	●						
	Sweetcorn & Diced Cucumber														
	Apricot Flapjack			●				●	●				●		
Tuesday	Soft Flour Tortilla Wrap with Grated Cheddar Cheese				●			●	●						
	Roast Chicken Slices														
	Diced Peaches			●										●	●
Wednesday	Gluten Free Dairy Free Cheese Scone with Sunflower Spread														
	Hard Boiled Egg Wedges														
	Melon Slices			●		●								●	●
Thursday	Tuna, Chive & Creme Fraiche Flatbread				●			●	●						
	Cucumber Slices													●	●
	Pear & Apple Yoghurt			●	●									●	●
Friday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers (Tomato Free)				●			●	●						
	Grated Courgette & Carrot														
	Orange Slices			●										●	●

Menu C	Dish	Dietaries													
Monday	Corn Cakes with Three Cheese Dip				●										
	Mediterranean Bean Pasta (Tomato Free)							●	●						
	Apricots & Pears			●				●	●					●	●
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll				●			●	●						
	Sweetcorn & Diced Pepper														
	Apple & Ginger Flapjack			●				●	●					●	●
Wednesday	Homemade Turkey Spread White Roll							●	●						
	Cucumber Slices													●	●
	Banana Yoghurt			●	●									●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers (Tomato Free)				●			●	●						
	Hard Boiled Egg Wedges														
	Orange Slices			●		●								●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread				●			●	●						
	Grated Carrot														
	Melon Slices			●										●	●

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken &amp; Pineapple Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, pineapple, cheese	Sweetcorn & Diced Pepper	Plain Flapjack (Gluten Free)
Tuesday	<b>Tuna &amp; Cream Cheese Flatbread (D) (F) (G)</b>	Tuna, soft cheese, flatbread	Grated Carrot	Melon Slices
Wednesday	<b>Cheddar &amp; Chive Cornbread (D) (E) (G)</b>	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Orange Slices
Thursday	<b>Savoury Mozzarella Cheese &amp; Tomato Pinwheel (D) (G) (T)</b>	Pastry, mozzarella cheese, tomato & mixed herbs	Roast Chicken Slices	Diced Pears
Friday	<b>Corn Cakes with Soft Cheese (D)</b>	Corn Cakes Soft cheese	Cucumber Slices	<b>Strawberry Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg, Cheese &amp; Mayonnaise Wholemeal Roll (D) (E) (G)</b>	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	Plain Flapjack (Gluten Free)
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	Roast Chicken Slices	Diced Peaches
Wednesday	<b>Mozzarella, Tomato &amp; Feta Scone (D) (G) (T)</b> with Sunflower Spread	Scone mix, plain flour, milk, dairy free spread, mozzarella, feta cheese, tomato, baking powder Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	Melon Slices
Thursday	<b>Tuna, Chive &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, chives, creme fraiche, flatbread	Cucumber Slices	<b>Pear &amp; Apple Yoghurt (D)</b>
Friday	<b>Homemade Chicken &amp; Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, chicken, cheese, onion, roasted red pepper, roasted courgette	Grated Courgette & Carrot	Orange Slices

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Three Cheese Dip (D) (PU)</b>	Corn cakes Bechamel (contains coconut), mozzarella, cheddar & cream cheese	<b>Mediterranean Bean Pasta (G) (PU) (T)</b>	Apricots & Pears
Tuesday	<b>Chicken, Soft Cheese &amp; Chive Wholemeal Roll (D) (G)</b>	Chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	<b>Apple &amp; Ginger Flapjack (G)</b>
Wednesday	<b>Homemade Turkey Spread White Roll (G) (PU)</b>	Homemade turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	<b>Banana Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)</b>	Wholemeal pizza base, pizza sauce, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Orange Slices
Friday	<b>Tuna, Sweetcorn &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, sweetcorn, creme fraiche, flatbread	Grated Carrot	Melon Slices

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 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# SD SULPHITE FREE NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																	
Monday	Homemade Chicken & Pineapple Wholemeal Pizza Fingers			●	●			●							●			●	●
	Sweetcorn & Diced Pepper																	●	●
	Plain Flapjack (Gluten Free)																	●	●
Tuesday	Tuna & Cream Cheese Flatbread				●			●										●	●
	Grated Carrot								●									●	●
	Melon Slices			●														●	●
Wednesday	Cheddar & Chive Cornbread				●	●												●	●
	Mediterranean Bean Pasta			●				●										●	●
	Orange Slices			●														●	●
Thursday	Savoury Mozzarella Cheese & Tomato Pinwheel			●	●			●										●	●
	Roast Chicken Slices			●														●	●
	Diced Pears			●														●	●
Friday	Corn Cakes				●													●	●
	with Soft Cheese				●													●	●
	Cucumber Slices				●													●	●
	Strawberry Yoghurt			●	●													●	●

Menu B	Dish	Dietaries																	
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll				●	●		●										●	●
	Sweetcorn & Diced Cucumber																	●	●
	Plain Flapjack (Gluten Free)																	●	●
Tuesday	Soft Flour Tortilla Wrap							●										●	●
	with Grated Cheddar Cheese				●													●	●
	Roast Chicken Slices			●														●	●
	Diced Peaches			●														●	●
Wednesday	Mozzarella, Tomato & Feta Scone			●	●			●										●	●
	with Sunflower Spread			●														●	●
	Hard Boiled Egg Wedges			●														●	●
	Melon Slices			●			●											●	●
Thursday	Tuna, Chive & Creme Fraiche Flatbread				●			●										●	●
	Cucumber Slices				●													●	●
	Pear & Apple Yoghurt			●	●													●	●
Friday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers			●	●			●										●	●
	Grated Courgette & Carrot			●														●	●
	Orange Slices			●														●	●

Menu C	Dish	Dietaries																	
Monday	Corn Cakes				●													●	●
	with Three Cheese Dip				●													●	●
	Mediterranean Bean Pasta			●				●										●	●
	Apricots & Pears			●														●	●
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll				●			●										●	●
	Sweetcorn & Diced Pepper																	●	●
	Apple & Ginger Flapjack			●				●										●	●
Wednesday	Homemade Turkey Spread White Roll							●										●	●
	Cucumber Slices				●													●	●
	Banana Yoghurt			●	●													●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers			●	●			●										●	●
	Hard Boiled Egg Wedges			●														●	●
	Orange Slices			●			●											●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread				●			●										●	●
	Grated Carrot				●				●									●	●
	Melon Slices			●														●	●

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Menu A	Item 1	Item 2	Item 3	
Monday	<b>Homemade Chicken Wholemeal Pizza Fingers (Tomato Free) (D) (G)</b>	Wholemeal pizza base, chicken, cheese	Sweetcorn & Diced Pepper	Plain Flapjack (Gluten Free)
Tuesday	<b>Tuna &amp; Cream Cheese Flatbread (D) (F) (G)</b>	Tuna, soft cheese, flatbread	Grated Carrot	<b>Sponge Slice (G) (S)</b>
Wednesday	<b>Cheddar &amp; Chive Cornbread (D) (E) (G)</b>	Muffin mix, flour, baking powder, water, rapeseed oil, polenta, cheddar cheese, cream cheese, sweetcorn puree & chives	<b>Mediterranean Bean Pasta (Tomato Free) (G) (PU)</b>	<b>Natural Yoghurt (D)</b>
Thursday	<b>Cheese &amp; Bechamel Pinwheel (D) (G) (PU)</b>	Puff pastry, cheese, basil, bechamel (contains coconut)	Roast Chicken Slices	<b>Sponge Slice (G) (S)</b>
Friday	<b>Corn Cakes with Soft Cheese (D)</b>	Corn Cakes Soft cheese	Cucumber Slices	<b>Natural Yoghurt (D)</b>

Menu B	Item 1	Item 2	Item 3	
Monday	<b>Egg, Cheese &amp; Mayonnaise Wholemeal Roll (D) (E) (G)</b>	Hardboiled egg, grated cheese, mayonnaise, dairy free spread, wholemeal roll	Sweetcorn & Diced Cucumber	Plain Flapjack (Gluten Free)
Tuesday	<b>Soft Flour Tortilla Wrap (G) with Grated Cheddar Cheese (D)</b>	Wheat tortilla wrap Cheddar cheese	Roast Chicken Slices	<b>Natural Yoghurt (D)</b>
Wednesday	<b>Gluten Free Dairy Free Cheese Scone with Sunflower Spread</b>	Gluten & dairy free scone mix, dairy free cheese Sunflower spread	<b>Hard Boiled Egg Wedges (E)</b>	<b>Sponge Slice (G) (S)</b>
Thursday	<b>Tuna, Chive &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, chives, creme fraiche, flatbread	Cucumber Slices	<b>Natural Yoghurt (D)</b>
Friday	<b>Chicken &amp; Roasted Vegetable Pizza (Tomato Free) (D) (G)</b>	Wholemeal pizza base, roasted vegetables, diced chicken, cheese	Grated Courgette & Carrot	Plain Flapjack (Gluten Free)

Menu C	Item 1	Item 2	Item 3	
Monday	<b>Corn Cakes with Soft Cheese (D)</b>	Corn Cakes Soft cheese	<b>Mediterranean Bean Pasta (Tomato Free) (G) (PU)</b>	<b>Natural Yoghurt (D)</b>
Tuesday	<b>Chicken, Soft Cheese &amp; Chive Wholemeal Roll (D) (G)</b>	Chicken breast, soft cheese, chives, wholemeal roll	Sweetcorn & Diced Pepper	Plain Flapjack (Gluten Free)
Wednesday	<b>Homemade Turkey Spread White Roll (G) (PU)</b>	Homemade turkey spread (turkey breast & dairy free spread), bread roll	Cucumber Slices	<b>Natural Yoghurt (D)</b>
Thursday	<b>Homemade Margarita Wholemeal Pizza Fingers (Tomato Free) (D) (G)</b>	Wholemeal pizza base, cheddar, mozzarella and herbs	<b>Hard Boiled Egg Wedges (E)</b>	Plain Flapjack (Gluten Free)
Friday	<b>Tuna, Sweetcorn &amp; Creme Fraiche Flatbread (D) (F) (G)</b>	Tuna, sweetcorn, creme fraiche, flatbread	Grated Carrot	<b>Sponge Slice (G) (S)</b>

**C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato**  
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# CA CITRIC ACID & SPICE FREE NURSERY AFTERNOON TEA MENU

Autumn Winter 2024/25

VA Vegan	V Vegetarian	T Tomato	SD Sulphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																						
Monday	Homemade Chicken Wholemeal Pizza Fingers (Tomato Free)										●				●								●	●
	Sweetcorn & Diced Pepper																						●	●
	Plain Flapjack (Gluten Free)																						●	●
Tuesday	Tuna & Cream Cheese Flatbread										●												●	●
	Grated Carrot																						●	●
	Sponge Slice																						●	●
Wednesday	Cheddar & Chive Cornbread										●	●											●	●
	Mediterranean Bean Pasta (Tomato Free)																						●	●
	Natural Yoghurt										●												●	●
Thursday	Cheese & Bechamel Pinwheel										●												●	●
	Roast Chicken Slices																						●	●
	Sponge Slice																						●	●
Friday	Corn Cakes										●												●	●
	with Soft Cheese										●												●	●
	Cucumber Slices										●												●	●
Natural Yoghurt										●												●	●	

Menu B	Dish	Dietaries																						
Monday	Egg, Cheese & Mayonnaise Wholemeal Roll										●	●											●	●
	Sweetcorn & Diced Cucumber																						●	●
	Plain Flapjack (Gluten Free)																						●	●
Tuesday	Soft Flour Tortilla Wrap																						●	●
	with Grated Cheddar Cheese										●												●	●
	Roast Chicken Slices										●												●	●
Natural Yoghurt										●												●	●	
Wednesday	Gluten Free Dairy Free Cheese Scone																						●	●
	with Sunflower Spread																						●	●
	Hard Boiled Egg Wedges																						●	●
Sponge Slice																						●	●	
Thursday	Tuna, Chive & Creme Fraiche Flatbread										●												●	●
	Cucumber Slices										●												●	●
	Natural Yoghurt										●												●	●
Friday	Chicken & Roasted Vegetable Pizza (Tomato Free)										●												●	●
	Grated Courgette & Carrot																						●	●
	Plain Flapjack (Gluten Free)																						●	●

Menu C	Dish	Dietaries																						
Monday	Corn Cakes										●												●	●
	with Soft Cheese										●												●	●
	Mediterranean Bean Pasta (Tomato Free)																						●	●
Natural Yoghurt										●												●	●	
Tuesday	Chicken, Soft Cheese & Chive Wholemeal Roll										●												●	●
	Sweetcorn & Diced Pepper																						●	●
	Plain Flapjack (Gluten Free)																						●	●
Wednesday	Homemade Turkey Spread White Roll																						●	●
	Cucumber Slices										●												●	●
	Natural Yoghurt										●												●	●
Thursday	Homemade Margarita Wholemeal Pizza Fingers (Tomato Free)										●												●	●
	Hard Boiled Egg Wedges																						●	●
	Plain Flapjack (Gluten Free)																						●	●
Friday	Tuna, Sweetcorn & Creme Fraiche Flatbread										●												●	●
	Grated Carrot																						●	●
	Sponge Slice																						●	●

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