

# ZEBEDEE'S LUNCH BOX

## NURSERY TEMPERATURE SHEET

ZL10/16

### AUTUMN/WINTER MENU 2016

MENU A	MAIN COURSE	TEMPERATURE	OTHER	ACTION
Monday	Simply Chicken	DATE: TIME: TEMP:		
Tuesday	Tuna & Mackerel Arrabiata	DATE: TIME: TEMP:		
Wednesday	Beefy Cottage Crumble	DATE: TIME: TEMP:		
Thursday	Organic Soya & Vegetable Spaghetti Bolognaise	DATE: TIME: TEMP:		
Friday	Cuban Shredded Beef	DATE: TIME: TEMP:		

MENU B	MAIN COURSE	TEMPERATURE	OTHER	ACTION
Monday	Roast Chicken & Gravy	DATE: TIME: TEMP:		
Tuesday	Sweet & Sour Vegetables	DATE: TIME: TEMP:		
Wednesday	Zebedee's Beanie Shepherd's Pie	DATE: TIME: TEMP:		
Thursday	Italian Al Forno	DATE: TIME: TEMP:		
Friday	Chicken Massaman Curry	DATE: TIME: TEMP:		

MENU C	MAIN COURSE	TEMPERATURE	OTHER	ACTION
Monday	Beef Bolognaise	DATE: TIME: TEMP:		
Tuesday	Winter Warming Root Vegetable Casserole	DATE: TIME: TEMP:		
Wednesday	Chicken Kashmiri Meatballs	DATE: TIME: TEMP:		
Thursday	Speldhurst Kent Sausage & Homemade Baked Beans	DATE: TIME: TEMP:		
Friday	Around The World Theme Lunch	DATE: TIME: TEMP:		