School Menu Week 1 Standard

		Gluten	Milk	Egg	Soya	Fish	Sulphur Dioxide	Celery	Mustard	Crustaceans	Mollusc	Nuts	Peanuts	Sesame Seeds	Lupin
MENU 1															
Monday	Beef Burger in Gravy				✔				✔						
	Quorn Burger in Gravy	✔	✔	✔	✔										
	Bread Roll	✔													
	Jacket Wedges														
	Tomato Ketchup														
	Sweet & Sour Meat Free Chicken	✔			✔		✔								
	White Rice														
	Tomato & Cucumber														
	Raspberry Yoghurt		✔												
	Peach Slices														
Tuesday	Chicken Lasagne	✔	✔												
	Garlic Bread	✔													
	Quorn Sausage in Gravy	✔	✔	✔	✔										
	Bread Roll	✔													
	Jacket Wedges														
	Tomato Ketchup														
	Iceberg & Carrot														
	Fruit Salad														
	Peach Ripple Ice Cream		✔												
Wednesday	Cuban Shredded Beef							✔							
	Flour Tortilla	✔													
	White Rice														
	Tomato Pomodoro Sauce														
	Whole Wheat Pasta	✔													
	Grated Cheese		✔												
	Sweetcorn & Red Peppers														
	Sticky Toffee Pudding	✔	✔	✔	✔		✔								
	Vanilla Custard		✔												
Thursday	Roast Chicken in Gravy				✔										
	Quorn Fillet in Gravy			✔	✔										
	Roasted New Potatoes														
	Stuffing Ball	✔			✔										
	Vegetarian Shepherds Pie	✔			✔		✔	✔							
	Seasonal Vegetables														
	Banana Mousse		✔												
Friday	Smoked Bacon Neapolitan														
	Penne Pasta	✔													
	Cheddar & Mozzarella		✔												
	Jacket Potato														
	Baked Beans														
	Grated Cheese		✔												
	Tomato & Cucumber														
	Golden Apricot Cookie	✔	✔	✔			✔								